

Going to prison was a profound experience for me. In fact, I would say it was life changing. I am sure that I came out different from how I went in, even though I was only there for a week! It was HMP Whitemoor - a high security prison in March where you are sent if you are serving a very long sentence or are considered to be a danger to the public. I went in with a group of other people under the banner of Kairos Prison Ministry, to run a course for twelve prisoners. The course is highly structured, but the main aim is summed up in the Kairos motto - listen, listen, love, love. We were there to show the men the love of Christ.

What shook me up about my visit was what I saw when I first arrived and what I saw at the end. There was a lot of attitude and body language in the men at the beginning of the week. They were respectful, but there was a sense that they were not entirely convinced that they had made the right decision signing up to the course, a look of 'what am I doing here?' There was also a tangible toughness - these were men who had to be hard to survive, to keep themselves to themselves.

There was a celebration service to mark the end of the week, and the difference was shocking. There was so much joy in the room, they were hugging everyone and there was worship - they really sang the roof off! I was really not expecting such a dramatic change in such a short space of time. One prison officer told me that they often see more change and growth in a prisoner after one week on Kairos, than they see in five years of conventional interventions!

Looking back, I am ashamed to say that I probably went into the prison thinking that I was doing a good thing - bravely volunteering to do something many people might not! I came out humbled because I knew that the change in these men could not be brought about by me or anybody else. The change was not the result of the carefully crafted course. The change was because these people had met with Jesus and I had had the privilege to see God at work in people's lives first-hand.

Of course, HMP Whitemoor is a very unique place with very unique people and so in many ways there is no comparison between my visit there and my coming to Arbury as a curate. Although having said that, there are, I believe, two principles which apply to both settings, for Jesus is the same in HMP Whitemoor as he is in Arbury. Firstly, Jesus transforms lives. For some people this might happen in an instant and very dramatically; for others, it may be more of a journey over a lifetime. Secondly, God is at work in Arbury and the Church of the Good Shepherd, just as he is in HMP Whitemoor, and I am going to have the joy and privilege of seeing what he is doing. I am excited and looking forward to this.

As I write this, I have a sign above my desk. It says: '...in Arbury and the Parish of the Good Shepherd as in heaven'. Amen

Mark



PARISH DIRECTORY

Vicar	Rev. David Maher until further notice please phone	07764 613862
Associate Priest	Rev. Judith Gretton-Dann	750013
Assistant Curate	Rev. Rachel Blanchflower	523066
Assistant Curate	Rev. Mark Osborne	
Honorary Curate	Rev. John Polkinghorne	360743
Honorary Curate	Rev. Harry Rose	01954 211553
Licensed Lay Minister	Linda Dean	328658
Licensed Lay Minister	Terry Barringer	424584
Authorised Lay Minister (Admin & Music)	Ruth Banger	07764 613862
Authorised Lay Minister (Pastoral Care)	Lilas Davison	354300
Authorised Lay Minister (Social Awareness)	Liz Collinson	01954 251377
Churchwarden	Guido Barzini	300497
PCC Chairman	Rev. David Maher	see above
PCC Vice Chairman	Guido Barzini	300497
PCC Secretary	Ruth Banger	07764 613862
PCC Treasurer	Jinty Keir	572303
PCC Electoral Roll Officer	Terry Barringer	424584
Administrator	Ruth Banger	07764 613862
Convenor PCC Buildings and Grounds Team	David Wilson	07899 917831
Convenor PCC Children and Families Team	Judith Gretton-Dann	750013
Convenor PCC Discipleship and Teaching Team	David Maher	see above
Convenor PCC Pastoral Team	Linda Dean	328658
Convenor PCC Social Awareness Team	Liz Collinson	01954 251377
Convenor PCC Worship and Music Team	Ruth Banger	07764 613862
Altar Linen	Margaret Handley	357970
Children's Society	Ruby Leyshon	352151
Church Hall Bookings	Ruby Leyshon	352151
Coffee Makers	John Phillips	502969
Fund Raising Events Co-ordinator	Ruby Leyshon	352151
Fund Raising Events Co-ordinator	Evelyn Walker	364067
Fund Raising Events Co-ordinator	Paula Carter	07952 919701
Intercessors	John Lamont	565559
Jimmy's Night Shelter	Paula Carter	07952919701
Food Bank	Liz Collinson	01954 251377
Lesson Readers	Rhodri James	357607
Good Shepherd News Editor	Ruth Banger	07764 613862
North Cambridge Area Deanery Synod	Ruth Banger	07764 613862
North Cambridge Area Deanery Synod	Guido Barzini	300497
North Cambridge Council of Churches	David Maher	see above
Rural Development Movement	Henry Disney	359396
Sacristan	Stuart Keir	572303
Safeguarding Officer	Paula Carter	07952 919701
Sound System	David Wilson	07899 917831
Sunday Lunch Club	Jinty Keir	572303
Sunday Lunch Club	Ruth Banger	07764 613862
Welcomers	Fiona Blows	329822

READINGS FOR JULY

Sundays and holy days

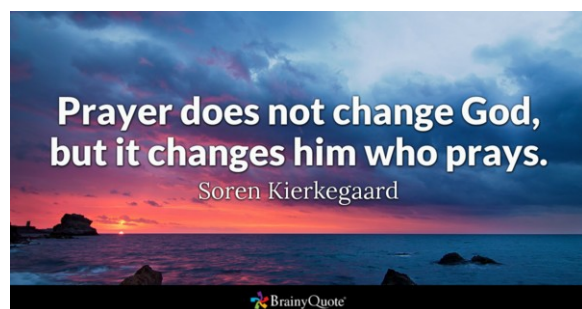
- 1 TRINITY 5
2 Corinthians 8: 7 - end
Mark 5: 21 - end
- 8 TRINITY 6
Ezekiel 2: 1-5
2 Corinthians 12: 2-10
Mark 6: 1-13
- 15 TRINITY 7
Amos 7: 7-15
Luke 24: 13-35
- 22 TRINITY 8
Jeremiah 23: 1-6
Ephesians 2: 11 - end
Mark 6: 30-34, 53 - end
- 29 TRINITY 9
2 Kings 4: 42 - end
Ephesians 3: 14 - end
John 6: 1-21

Weekdays at 9.30am

- 4 MORNING PRAYER
Amos 5: 14-15, 21-24
Matthew 8: 28-end
- 11 HOLY COMMUNION
Hosea 10: 1-3, 7-8, 12
Matthew 10: 1-7
- 18 MORNING PRAYER
Isaiah 10: 5-7, 13-16
Matthew 11: 25-27

FIRST CALL

- 1 7-8pm in the Chapel



REGULAR SERVICES IN JULY

- Sundays 8.30am Holy Communion
10am Parish Communion
- Wednesdays 9.30am Holy Communion
or Morning Prayer
- Mondays, Tuesdays, Thursdays and Fridays
Morning Prayer, when said in church, will
be at 9.15.
Second Monday of each month will be set
aside for Staff Prayer.

SPECIAL SERVICES IN JULY

- Sunday July 15** at 10am All Age
Communion service at which Bishop David
will preside and preach
Sunday July 22 at 10am Holy Communion
with the laying on of hands for healing
Thursday July 26 at 7pm Coffee, cake
and Compline

SUMMER CHANGES

There will be services of Compline with
Coffee and Cake beforehand on Thursday
July 26 and also on August 2, 9, 16, 23 and
30.

There will be no 8.30 service on July 1
There will be no 8.30 services from July 29
to September 2 inclusive

There will be no 9.30 Wednesday services
from July 25 to August 29 inclusive

EVENTS IN JULY

Sunday July 8 Bring and Share Lunch to
give everyone the opportunity to meet Mark
and his family

Monday July 16 Open PCC meeting at
7pm. Everyone is invited and we have a
speaker, Martin Kenward, from the Diocese
to speak on financial matters

Wednesday August 1, 8, 15 and 22 there
will be the usual Summer Activities and
Lunches

THANK YOU FOR YOUR GIFT

Parenting is one of the most challenging, demanding jobs there is. It can also be one of the most rewarding – though it doesn't always feel like that!

The North Cambridge Nurturing Programme was established in our locality 4 years ago. It followed the vision of a couple of community leaders in the area who were keen to find further ways of supporting parents and families, to help equip them for the challenging job they do. They discovered Family Links, a national charity dedicated to creating an emotionally healthy, resilient and responsible society. One of their initiatives is a 10 week course called 'Parenting Puzzle', a nurturing programme packed full of ideas and positive strategies giving parents greater confidence, transforming family life and making it more enjoyable for all.

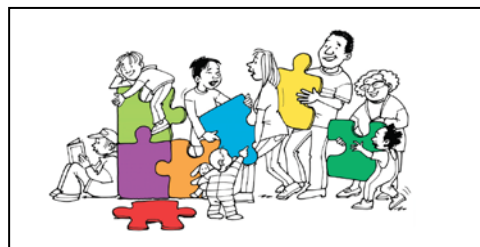


Over the past 4 years we have run 5 very successful courses in North Cambridge involving 40-50 families, parents positive feedback has encouraged us to keep looking for ways we can continue to offer this course on a regular basis so as many families as possible can benefit from all that it offers.

Each course requires funding to pay the fully trained facilitators, a qualified creche worker, venue hire, resources etc. We are very grateful to the invaluable financial support we receive from local churches, community groups and individuals to make this possible. Thank you for partnering with us in this extremely valuable community project.

For more information please contact The North Cambridge Nurturing Programme Team

northcambridgeparentingpuzzle@gmail.com



DID YOU KNOW?

Dave Maher has been appointed as Chaplain to the Mayor of Cambridge during this Mayoral year. He has a number of ceremonial duties he is expected to attend and there will be at least one special service which will happen at The Good Shepherd.

Here is Dave at Strawberry Fair, his first official duty!
Ruth



DO YOU REMEMBER?

Many of you will remember our ordinand, Flic, on placement with us from Ridley last year. It was Sean and my privilege to be in Liverpool Cathedral to witness her being ordained priest into Christ's Church on Saturday 9th June, alongside 15 other deacons from her diocese. I confess rather a lot of tears were shed! We went, not just in a personal capacity, but on behalf of us all as a congregation, taking with us our prayers, encouragement and love. Let us never underestimate how transformational our worship and prayers, by God's grace, are intended to be within the formation and future of His Church!!! May He continue to bless and uphold Flic and all those she serves, with His almighty love.

Rache



Eulogy for Jean Samson

Thank you for coming today as we celebrate and give thanks for Jean's life. Your presence is a tribute to how she was viewed, she was part of the fabric of this community and the church for which we are very thankful.

Born in May 1929, Jean was one of five. Jack, Margo, Peggy and Ken were her brothers and sisters, and despite being a large family they were very close. In fact it was Jean's brother Ken who helped build this church. Jean met the love of her life, Douglas, in her aunt's pub out in Fenstanton around 1947/8. Doug obviously thought he had a catch - as he would bike from Colchester every weekend just to see her - taking his bike on the train home if the weather was too bad! They were married in 1949 at St Andrew's Church, Chesterton and moved to Colchester for 9 years before returning to Cambridge and moving into Fordwich Close, which was then a new build! Jean and Douglas were devoted and would often prefer one another's company to anyone else's.

Together they had a son, Brian, who remembers a loving caring mother, who was very proud of him. She would encourage and sometimes push him, but 'she brought me up proper' said Brian. Brian married Liz and they gave Jean two grandchildren Mark, who lived with Jean for a while, and Rachel. She also had two great grandchildren Daniel and Jack. Jean was proud of her family and loved them all very much. And Jean was a rock for them. The family told me that Jean was a good cook, organised, tidy, fashionable- and that she loved clothes. They have many happy memories including big family holidays to Heacham .

Jean was also hardworking, she worked for Robert Sayle in accounts department as well as Harvey Goodwin children's home, near St Luke's. This was a job she loved, caring for children, cleaning, anything she could do!

Jean's life wasn't always easy, and very sadly she lost her beloved husband Douglas in 1986, something that she never got over, and this was a real source of pain for her over the years. But this didn't stop Jean caring for others, which she did, often sacrificially. She has been described to me as a Motherly figure who was always willing to listen, was very thoughtful and would help if she could. Jean was a good friend to many of us in this community, and will be greatly missed.

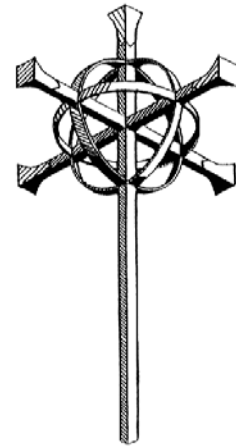
Despite being a private person, someone who preferred her own company, I think Jean understood the benefit and the need for community. She was instrumental in setting up the '*Not quite over the hill club*' when it began in a house in Campkin Road. She was the treasurer and organiser of the holidays. Jean was also involved in the Good Companions group as well as helping to run the Monday Club here at the Good Shepherd. I was surprised to hear that, despite organising literally thousands of games of Bingo, she would refuse to play, but was happy to take your money if you so you could! Jean had a strong moral compass, Brian told me she was strict sometimes, and I believe that if the entertainers at the NQOH Club got a bit close to the mark, they would get a disapproving look and would be unlikely to be booked again. Jean knew her own mind, was stoic and strong, and has been described to me as a 'lovely lady', many times, and a good friend.

Faith was an important part of Jean's life, a stalwart of our early morning service, Jean would also enjoy singing along to Songs of Praise in the evening. She planned this service, and the hymns and readings that she chose demonstrate the great hope that she had. The hope of being reunited with Doug in glory.

IN THE CHURCH HALL (to book call 352151 (evenings))

THE SUNDAY LUNCH CLUB 1 st Sunday of the month noon – 1.30pm	Jinty Keir	572303
RED HEN Monday 8.15 – 11am	Christine O'Reilly	0781 6444439
SANG Monday 10– 11.30 (meets in Haven in Church)	Rachel Blanchflower	523066
THE MONDAY CLUB Monday 2.00 – 3.30pm	Ruby Leyshon	352151
THE GOOD SHEPHERD CUBS Monday 6.30 - 8pm	Charles Brown	07720 441123
DOG TRAINING CLASSES Monday 8.15 - 9.15pm	Susannah O'Hanlon	235281
LINE DANCING Tuesday 10.15 - 11.45am	Deborah Walker	01954 231382
KEEP FIT 50+ GROUP Tuesday 2.30 - 4pm	Margaret Briggs	01954 250870
THE GOOD SHEPHERD RAINBOWS Tuesday 6.15 – 7.15pm	Miss Rachel Marsh	574520
DOG TRAINING CLASSES Tuesday 7.30 - 9.30pm	Susannah O'Hanlon	235281
THE 18th & 25th GOOD SHEPHERD BROWNIES Wednesday 6 - 7.15pm	Mrs Pat Marsh	574520
PILATES Thursday 12.40-1.40	Lexi	367639
TAI CHI Thursday 1.40-2.40	Lexi	367639
THE GOOD SHEPHERD BEAVERS Thursday 6.15 - 7.30pm	Emma Roberts	426043
THE GOOD SHEPHERD SCOUTS Thursday 7.30 – 9.00pm	Chris White	0700 891511
CHURCH TODDLERS' CLUB Friday 9.15 – 11.30am	Claire Duell	0787 4850867
TAI CHI Friday 2 – 3pm	Mike Tabrett	503390
DOG TRAINING CLASSES Friday 3.13-4.15pm	Arbury Road Vet. Surgery	361911

**Submission date for
September Newsletter:
August 19
(Publication date August 26)
(August GS News is a single sheet)**



Vicarage 01223 351844

Church Hall bookings
(evenings) 01223 352151

Newsletter Ruth Banger 07764 613862
OR ruthbanger51@gmail.com

CHURCH OF THE GOOD SHEPHERD

Here at the Good Shepherd we like to help you to celebrate and commemorate many of the milestones on the journey through life; these include weddings, anniversaries, funerals, and baptism services.

If you wish to find out more about these, the first step is to contact the Vicar, the Reverend David Maher. He will be able to tell you what is involved and arrange for a meeting with you if you then wish to take things further.

He can be contacted on 01223 351844

Church website: www.churchofthegoodshepherd.co.uk

