

Bless the Lord, O my soul, and all that is within me, bless his holy name.

Bless the Lord, O my soul, and do not forget all his benefits—

who forgives all your iniquity, who heals all your diseases,

who redeems your life from the Pit, who crowns you with steadfast love and mercy,

who satisfies you with good as long as you live so that your youth is renewed like the eagle's.

As I am sure you are aware that on 19th December 2016 I suffered an aneurysm, a bleed, in the right hand frontal lobe of my brain. I was rushed to hospital and thanks to the quick response of the medical staff, paramedics, nurses, Doctors and surgeons, two days later, and after two 8 hour operations, the surgeon said to me, "this is the first day of your recovery". It has been a long road of recovery. Much of what happened following this is foggy, I was in quite a bit of pain and I remember some things and not others. I was discharged from hospital after three weeks only to return a few days later for four more days. I then had about 2 months with the threat of further surgery hanging over me, which thankfully I was given the all clear on in February. In hospital I discovered lots of things about myself that I didn't know before including the facts that I'm not really that great with pain and I don't look good with a beard - ask Jude!

I do believe that God intervened and rescued me. Through the love and support of my family and friends, through the generosity and encouragement of the church and the community, through the care and skill of the Doctors and nurses at Addenbrooke's.

I also believe he intervened miraculously and He listened to our prayers. Never before have I experienced such a real, tangible touch of prayer. I know that the Lord stayed with me and carried and continues to sustain me as I recover. There are lots of stories I can tell you

about this, and no doubt you will hear in the months to come. Prayers are still being answered as my recovery is continuing at a pace which is surprising many.

The most common question I am asked now is "how am I feeling?"...and the simple answer is thankful. I still get tired, I'm not quite renewed like an eagle yet! It takes me a bit longer to remember names and faces and I am bit more prone to being anxious but that is nothing to the sense of gratitude that I have that I am able to be with you in September. And it appropriate that we begin September, as we had planned, looking back with thanks for the last 10 years. Celebrating all that God has done, all He is doing and all that he will do.

So thank you, to all those who have shown me, Hazel and the girls so much love. Thank you for carrying on and growing the life of the church in my absence. I'm not going to list names, but you know who you are and what you mean to me. Thank you to those who visited in hospital, those who brought us food, and especially thank you to those who prayed. Finally, thank you Lord for all that you have done, not just this year but all my life.

**From where we are
to where you need us
Jesus, now lead on.**

**From the familiarity of what we know
to the adventure of what you will reveal
Jesus, now lead on.**

**To transform the fabric of this world
until it resembles the shape of your
Kingdom,
Jesus, now lead on.**

**Because good things have been
prepared
for those who love God. Jesus, now lead
on.**

Dave

PARISH DIRECTORY

Vicar	Rev. David Maher	351844
Assistant Curate	Rev. Judith Gretton-Dann	750013
Assistant Curate	Rev. Rachel Blanchflower	523066
Assistant Curate	Rev. John Polkinghorne	360743
Assistant Curate	Rev. Harry Rose	01954 211553
Licensed Lay Minister	Linda Dean	328658
Licensed Lay Minister	Terry Barringer	424584
Authorised Lay Minister (Admin & Music)	Ruth Banger	07764 613862
Authorised Lay Minister (Pastoral Care)	Lilas Davison	354300
Authorised Lay Minister (Social Awareness)	Liz Collinson	01954 251377
Churchwarden		
Churchwarden	Philip Morris	352698
PCC Chairman	Rev. David Maher	352844
PCC Vice Chairman	Fiona Blows	329822
PCC Secretary	Ruth Banger	07764 613862
PCC Treasurer	Jinty Keir	572303
PCC Electoral Roll Officer	Lilas Davison	354300
Administrator	Ruth Banger	07764 613862
Convenor PCC Buildings and Grounds Team	David Wilson	720097
Convenor PCC Children and Families Team	Hazel Maher	351844
Convenor PCC Discipleship and Teaching Team	David Maher	351844
Convenor PCC Pastoral Team	Linda Dean	328658
Convenor PCC Social Awareness Team	Liz Collinson	01954 251377
Convenor PCC Worship and Music Team	Ruth Banger	07764 613862
Altar Linen	Margaret Handley	357970
Assistant Treasurer	Bill Elsey	357622
Chalice Bearers	Bill Elsey	357622
Children's Society	Ruby Leyshon	352151
Church Hall Bookings	Ruby Leyshon	352151
Coffee Makers	Guido Barzini	300497
Fund Raising Events Co-ordinators	Ruby Leyshon	352151
Fund Raising Events Co-ordinators	Evelyn Walker	364067
Fund Raising Events Co-ordinators	Paula Carter	07952 919701
Intercessors	John Lamont	565559
Jimmy's Night Shelter	Paula Carter	07952919701
Food Bank	Liz Collinson	01954 251377
Lesson Readers	Rhodri James	357607
Good Shepherd News Editor	Ruth Banger	07764 613862
North Cambridge Area Deanery Synod	Guido Barzini	300497
North Cambridge Area Deanery Synod	Ruth Banger	07764 613862
North Cambridge Council of Churches	David Maher	351844
Registrar of Planned Giving Envelopes	Lilas Davison	354300
Rural Development Movement	Henry Disney	359396
Sacristan	Stuart Keir	572303
Safeguarding Officer	Paula Carter	07952 919701
Servers	Bill Elsey	357622
Sidesmen & Sideswomen	Fiona Blows	329822
Sound System	David Wilson	07899 917831
Sunday Lunch Club	Jinty Keir	572303

READINGS FOR SEPTEMBER

Sundays and holy days

- 3 TWELFTH SUNDAY AFTER TRINITY
Jeremiah 15: 15-21
Romans 12: 9 – end
Matthew 16: 21 - end
- 10 THIRTEENTH SUNDAY AFTER TRINITY 4
Romans 13: 8 – end
John 10: 7-13
- 17 FOURTEENTH SUNDAY AFTER TRINITY
Genesis 50: 15-21
Romans 14: 1-12
Matthew 18: 21-35
- 24 FIFTEENTH SUNDAY AFTER TRINITY
Jonah 3: 10 – 4 end
Philippians 1: 21 - end
Matthew 20: 1-16

Weekdays at 9.30am

- 6 Colossians 1: 1-8
Luke 4: 38 - end
- 13 Colossians 3: 1-11
Luke 6: 20-26
- 20 1 Timothy 3: 14 - end
Luke 7: 31-35
- 27 Ezra 9: 5-9
Luke 9: 1-6



REGULAR SERVICES IN SEPTEMBER

- Sundays 8.30am Holy Communion
10am Parish Communion
- Wednesdays 9.30am Holy Communion
- Mondays, Tuesdays, Thursdays and Fridays Morning Prayer, when said in church, will be at 9.15.
Second Monday of each month will be set aside for Staff Prayer.

SPECIAL SERVICES IN SEPTEMBER

- Sunday September 10** Holy Communion and Service of Thanksgiving with Bishop David
- Sunday September 17** at 10am there will be a service of healing
- Sunday September 24** at 10am there will be an All Age Parade service for Harvest

EVENTS IN SEPTEMBER

- Sunday September 3** at 12 noon Sunday Lunch Club meets in the Church Hall
- Saturday September 9** 6.30 – 9pm Ceilidh in the Church with the Cambridge Crofters
- Saturday September 23** Community Action Day in Arbury



HOLIDAY THOUGHTS

At the beginning of August we had three nights in Walsingham – yes that one – home to the famous shrine to Our Lady. Those who know me will know that I am not really a fan of modern-day shrines and Walsingham in particular which was infamous in recent memory for being utterly opposed to women priests.

We stayed in a really super bed and breakfast within a stone's throw of the miniature railway which runs between Wells-next-the-sea and Walsingham. This turned out to be particularly good because we had family camping at Wells and the campsite was next to the station.

But of course, being at Walsingham, my thoughts were on faith and how we express it and where in all the hubbub of daily life we can find those peaceful spaces to pray and regenerate. We saw many pilgrims – a huge party of mostly elderly people were in the shop on Sunday morning prior to going to worship at the main Sunday service; and later in the week 500 young people turned up from all over the world for a youth pilgrimage – they had a big top just out of the village. Clearly it is a place that means a lot to many people. And I felt really calmed by an evening walk along the disused part of the railway line leading to the slipper chapel where medieval pilgrims took off their shoes before going the last mile to the shrine.

We walked over to Great Walsingham one day – the shrine is at the larger village of Little Walsingham! The church at Great Walsingham is lovely with some wonderful medieval pews with a few retaining their original carved bench ends. A working party was in the churchyard doing sterling work to keep that tidy and the church itself was well cared for and obviously loved. Sadly they have a bat problem - a nightmare for the churchwardens! - but in a real oasis of calm.



We also visited the ruins of the old Abbey of Walsingham which was where the original shrine was. Stunningly beautiful the remains of the East end of the abbey church are now the centre of a lovely Georgian pleasure garden complete with (fake) packhorse bridge.

The parish church in Little Walsingham is a bit of a disappointment. Sadly in 1964 they had a terrible fire which destroyed all the ancient woodwork including the 17th century font cover and medieval screens, just leaving a shell and the famous Seven Sacrament font. After the fire the church was completely rebuilt with efforts made to recreate the great medieval church. To my mind it was not a success. They hung up a modern rood (Christ on the cross

with St John and the Virgin weeping on either side of him) but it is a commercially produced one – or it appears to be. The Lady Chapel has a number of moving modern works of art, so to me it was rather a shame that the rood was not by a contemporary artist – a missed opportunity I felt. However, it is a building that is well used by pilgrims so no doubt for many it is a place of prayer and meditation.

This is a figure of Christ by Peter Eugene Ball at Southwell Minster – he also has work at Chelmsford Cathedral. A most striking artistic contribution to the spiritual life of the modern church.



Rosalind Lund

SAFEGUARDING

On Saturday, 30th September, we will be holding a safeguarding training day. Many of you who are involved in children's groups, parish visiting, home communion as well as PCC members, have already been asked to undertake safeguarding training. The link you require is: <https://safeguardingtraining.cofeportal.org/login/index.php>

I have been impressed by the number of people who have confirmed to me that they have already completed Level 0 of the safeguarding training.

Bishop Stephen says of safeguarding :

The protection and nurture of vulnerable people in our community is a commitment that needs no introduction or explanation in this diocese.

Together we strive to follow the example of Christ in reaching out to all people, in all circumstances, with a special compassion for those who may have nobody else to speak up for them"

The training is open to everyone, although I have said there will be no more than 40. If you are intending to join us at the training, I should be grateful if you could please sign the sheet at the back of the church. I can then ascertain how many people need to do just Level 1 and who needs to attend level 2 and will notify you all nearer the time.

If anyone has any questions about safeguarding, do please let me know

Paula



MORE THAN A WATCHMAN

Did I leave you? Did you leave me?
One of us wandered away
But now I need you to answer my plea
Though I don't know what I'm asking
And I know even less what I expect you to say, but...

More than the Watchman for the morning
More than the evening for the dawning
I wait for you, I wait for you

By now it's quite clear I don't know wrong from right
And on goodness I'm making no claim
But when you are here and we struggle all night
All I know is I can't let you go 'til you bless me
And change my name, and.....

More than the Watchman for the morning
More than the evening for the dawning
I wait for you, my soul waits for you

I miss you so much I don't know what to do
Don't you know that I love you, must I show you too
Here is my mind for you to read
All I need is your touch, only one, only one

For you're the only one from whom I need
Forgiveness just one more time
You're the only one who had to bleed
For my lack of understanding, take me back
Take my hand in your way so sublime, for.....

More than the Watchman for the morning
More than the evening for the dawning
I'm blinking at the sun, I'm staring at the moon!
I wait for you, please come for me soon!
Marty Goetz

For the last year my usually poor sleep pattern has been horrendously bad. As I know many of you have experienced and will agree, there is something very unsettling about lying awake and being in pain. I finally developed the pattern of listening to music on my iPad (I wasn't disturbing anyone!) and one particular favourite for very early morning listening has become Marty Goetz. Marty is an American singer/songwriter and I heard him sing in Cambridge a few years ago. He was born a Jew and became a Christian and all his music is deeply rooted in the Old Testament. You need to watch out for the references to the Old Testament in his songs – for instance, the Jacob/Israel reference in the song which starts this article. It is based on a quotation from Psalm 130. I have found this song in particular enormously comforting, waiting for the morning was definitely something I could understand! If you would like to hear it sung (or would like to hear it again if you came to Compline on August 24!), Marty is singing it on YouTube, just Google “More than a watchman”, His style is a gentle relaxed pop and I find it very appealing but it's the words which have comforted me. I'm sharing them in the hope they will comfort others too.

Ruth

PSALM 130

LORD, I am in deep trouble,
so I am calling to you for help.

² My Lord, listen to me.

Listen to my cry for help.

³ LORD, if you punished people for all their sins,
no one would be left alive.

⁴ But you forgive people,
so they fear and respect you.

⁵ I am waiting for the LORD to help me.

My soul waits for him.

I trust what he says.

⁶ I am waiting for my Lord,
like a guard waiting and waiting for the morning to come.

⁷ Israel, trust in the LORD.

The LORD is the one who is faithful and true.

He saves us again and again,

⁸ and he is the one who will save the people of Israel from all their sins.



Discover Jordans Mill!

Jordans Mill is tucked away on the banks of the River Ivel near Biggleswade, but only minutes from the A1.

Our tours are meant for all ages and take you on a journey through time, where you will learn more about the milling process, find out lots of historical facts and most importantly have some fun.

Stuck for something to do then why not visit our shop, stroll through the gardens get the children involved in our Beast in the Woods trail or grab something to eat in our Riverside Café.

Whatever you want we are sure to have something to keep you entertained!

If you would like to book please call [01767 603940](tel:01767603940).



Old Specs

Do you have any pairs of spectacles which are no longer of use to you? We have a contact who regularly visits Malawi with the charity *Aquaid*. She has the glasses assessed and matched to the needs of people there who cannot afford to buy glasses. Her next visit will be in October so please put any specs you no longer need in the box on the table near the organ.

Thank you

Bron

SON OF MAN

(First published in 2014, in COME WHAT MAY Pneuma Springs Publishing.

When earnest youth, whose faith is dose
Of tidy dogmas lacking depth,
Declared that I'm a heretic,
A humanist whose claim to be
A Christian will not wash, I caught
A whiff of burning at the stake
If I had lived in former times.
He cannot grasp, when Jesus claimed
To be the Son of Man, He wished
To lift our human selves from mire
Of sterile rites and phoney faiths.
He longed to hitch our daily lives
To God's desires by placing love
Upon the throne of our concerns.
He's humanist before all else,
But knows that truly human means
We need to rise above the beasts,
From whence we came, and feed on bread
Of grace divine, and so transcend
Our merely human lives until
We find emergent soul has won
Eternal crown beyond the grave.
Henry Disney

IN THE CHURCH HALL (to book call 352151 (evenings))

THE SUNDAY LUNCH CLUB 1 st Sunday of the month noon – 1.30pm	Jinty Keir	572303
RED HEN Monday 8.15 – 11am	Christine O'Reilly	0781 6444439
SANG Monday 10– 11.30 (meets in Haven in Church)	Rachel Blanchflower	523066
THE MONDAY CLUB Monday 2.00 – 3.30pm	Ruby Leyshon	352151
THE GOOD SHEPHERD CUBS Monday 6.30 - 8pm	Charles Brown	07720 441123
DOG TRAINING CLASSES Monday 8.15 - 9.15pm	Susannah O'Hanlon	235281
LINE DANCING Tuesday 10.15 - 11.45am	Deborah Walker	01954 231382
KEEP FIT 50+ GROUP Tuesday 2.30 - 4pm	Margaret Briggs	01954 250870
THE GOOD SHEPHERD RAINBOWS Tuesday 6.15 – 7.15pm	Miss Rachel Marsh	574520
DOG TRAINING CLASSES Tuesday 7.30 - 9.30pm	Susannah O'Hanlon	235281
THE 18th & 25th GOOD SHEPHERD BROWNIES Wednesday 6 - 7.15pm	Mrs Pat Marsh	574520
DOG TRAINING CLASSES Tuesday 7.30 - 9.30pm	Susannah O'Hanlon	235281
YOGA STRETCHING AND MOBILITY Wednesday 9.25-10.15am	Lexi	367639
TAI CHI Wednesday 12.50-1.40	Lexi	367639
ROYAL BRITISH LEGION 3 rd Wednesday of the month 2.30 - 4.30pm January to November	Mr. Gawthrop	351855
UNITE RETIRED MEMBERS' ASSOCIATION 4 th Wednesday of the month 2 – 4pm	Evelyn Hunnyball	364293
THE GOOD SHEPHERD BEAVERS Thursday 6.15 - 7.30pm	Emma Roberts	426043
THE GOOD SHEPHERD SCOUTS Thursday 7.30 – 9.00pm	Chris White	0700 891511
CHURCH TODDLERS' CLUB Friday 9.15 – 11.30am	Claire Duell	0787 4850867
PILATES Friday 12.50 – 1.40pm	Lexi	367639
TAI CHI Friday 2 – 3pm	Mike Tabrett	503390
SIN CRU Friday 5-7.30pm (Term time only)	Lucy Crowe	07989 927706
DOG TRAINING CLASSES Friday 3.13-4.15pm	Arbury Road Vet. Surgery	361911

**Submission date for
October Newsletter:
September 10
(Publication date September 24)**



Vicarage 01223 351844

Church Hall bookings
(evenings) 01223 352151

Newsletter Ruth Banger 07764 613862
OR ruthbanger51@gmail.com

CHURCH OF THE GOOD SHEPHERD

Here at the Good Shepherd we like to help you to celebrate and commemorate many of the milestones on the journey through life; these include weddings, anniversaries, funerals, and baptism services.

If you wish to find out more about these, the first step is to contact the Vicar, the Reverend David Maher. He will be able to tell you what is involved and arrange for a meeting with you if you then wish to take things further.

He can be contacted on 01223 351844

Church website: www.churchofthegoodshepherd.co.uk

