

World's Largest Fish and Chip Supper?

Last summer a Yorkshire pub entered the record books for making the world's largest fish and chips at over 100lbs. The fish alone needed four people to carry it but it was not to be the dinner for a giant or the world's hungriest man. That one huge meal fed a very appreciative crowd of villagers who came out to join the feast and share in the celebrations.

In the middle of this month we will be celebrating Pancake Day, also known as Shrove Tuesday or Mardi Gras. It is a day for feasting, the final feast before heading into Lent, the period of reflection and self-examination that comes before Easter.

On Pancake Day at the Good Shepherd there is a tradition that goes back many years of sharing not pancakes but fish and chips. In fact, if you search the World Wide Web for 'fish and chips on pancake day', you will be directed, believe it or not, to the website of the Church of the Good Shepherd in Arbury!

On that cold February evening, as we gather for food and fellowship and even some light entertainment, we are reminded that we make this journey *together*, through the feasting and fasting, the ups and downs, the joys and sorrows.

There is a wonderful story in Luke's gospel of Jesus calling fishermen to follow him. He tells them to go out into the deep water and let down their fishing nets. Now, they know that it is the wrong time and wrong place to be catching fish, it goes against all their instincts and training, but they do it. And to everyone's surprise, they are blessed with so many fish their nets are

bursting at the seams and their boats begin to sink.

It must have been a record-breaking catch which amazed the crowds who saw what happened, and who presumably feasted on the abundance of fish, because the fishermen themselves were so overwhelmed that, right there and then, they left everything to follow Jesus.

As we tuck in to our own fish and chips (or pancakes if you prefer!), spare a thought for that huge catch of fish. Remember that God longs to bless us all with far more than we can possibly imagine, if only we are willing to step out in faith and follow him.

Anthony

A Fisherman's Prayer

*God grant that I may live to fish until
my dying day
And when it comes to my last catch I
then most humbly pray
When in the Lord's safe landing net I'm
peacefully asleep
That in his mercy I be judged as good
enough to keep.*



PARISH DIRECTORY

Vicar	Rev. David Maher	351844
Curate	Rev. Anthony Lees-Smith	425338
Honorary Assistant Curate	Rev. John Polkinghorne	360743
Reader	Linda Dean	328658
Churchwarden	Terry Barringer	424584
Churchwarden	Rhodri James	357607
PCC Chairman	Rev. David Maher	351844
PCC Vice Chairman	Rhodri James	357607
PCC Secretary	Ruth Banger	07764 613862
PCC Treasurer	Ginni Carroll	01954 212993
PCC Electoral Roll Officer	Lilas Davison	354300
Administrator	Ruth Banger	07764 613862
Altar Linen	Finsetta Cummings	352757
Assistant Treasurer	Bill Elsey	357622
Assistant Treasurer	Jim Bass	363156
Book of Remembrance	Horace Giles	359001
Chalice Bearers	Bill Elsey	357622
Child Protection Co-ordinator	Ruth Banger	07764 613862
Children's Society	Ruby Leyshon	352151
Children's Work	John & Alison Phillips	502969
Christian Aid	Simon & Clare Redfern	740513
Church Cleaners	Ruth Banger	07764 613862
Church Hall Bookings	Ruby Leyshon	352151
Coffee Makers	Gill Ambrose	858994
Coffee & Rolls	Fiona Blows	329822
Director of Music		
Flower Arrangers		
Friends of Etterbeek	John & Elizabeth Lamont	565559
Fund Raising Events Co-ordinators	Eva Hutson	574070
Fund Raising Events Co-ordinators	Ruby Leyshon	352151
Fund Raising Events Co-ordinators	Evelyn Walker	364067
Good Shepherd Players	Liz Collinson	01954 251377
Good Shepherd Players	Ruth Banger	07764 613862
Intercessors	John Lamont	565559
Jimmy's Night Shelter	Ann Callear	357694
Lesson Readers	Lilas Davison	354300
Monday Club	Eva Hutson	574070
Good Shepherd News Editor	Ruth Banger	07764 613862
North Cambridge Area Deanery Synod	John Phillips	502969
North Cambridge Area Deanery Synod	Ginni Carroll	01954 212993
North Cambridge Council of Churches	John Lamont	565559
North Cambridge Council of Churches	Michael Lovell	328521
Pastoral Care Co-ordinator	Linda Dean	328658
Planned Giving Secretary	Lilas Davison	354300
Registrar of Planned Giving Envelopes	Tom Shipp	353734
Rural Development Movement	Henry Disney	359396
Sacristan		
Servers	Bill Elsey	357622
Sidesmen & Sideswomen	Terry Barringer	424584
Sidesmen & Sideswomen	Rhodri James	357607
Social Events Co-ordinator	Bertha Wilson-Njenou	571948
Sound System	John Lamont	565559

READINGS FOR FEBRUARY

Sundays and holy days

- 5 **THIRD SUNDAY BEFORE LENT**
1 Corinthians 11:23-26
Luke 24:13-35
- 12 **SECOND SUNDAY BEFORE LENT**
Ephesians 6:10-18
John 15:8-27
- 19 **SUNDAY NEXT BEFORE LENT**
2 Corinthians 4: 3-6
Mark 9: 2-9
- 26 **FIRST SUNDAY OF LENT**
1 Peter 3: 18 - end
Mark 1: 9-15

Wednesdays

- 1 2 Samuel 24: 2, 9-17
Mark 6: 1-6
- 8 1 Kings 10: 1-10
Mark 7: 14-23
- 15 James 1: 19 - end
Mark 8: 22-26
- 22 Joel 2: 1-2, 12-17
Matthew 6: 1-6, 16-21
- 29 Jonah 3
Luke 11: 29-32

FIRST CALL

on February 5
8-9pm at 51, Highworth Avenue



REGULAR SERVICES IN FEBRUARY

- Sundays 8am Holy Communion
10am Parish Communion
(**LAST** Sunday in the month is an All-Age service and we are joined by those who attend the Community Church in Orchard Park)
- Mondays 9.15am Morning Prayer
- Tuesdays 9.15am Morning Prayer
- Wednesdays 9.30am Holy Communion
- Thursdays 9.15am Morning Prayer
- Fridays 9.15am Morning Prayer

Services at Orchard Park see the weekly bulletin.

SPECIAL SERVICES IN FEBRUARY

Sunday February 12 Bishop of Huntingdon presiding and preaching at 10am Eucharist
Ash Wednesday (February 22) Holy Communion and imposition of ashes at 9.30am and 7.30pm

EVENTS IN FEBRUARY

Sunday February 5 at 12 noon Sunday Lunch Club meets in the Church Hall.
Saturday February 18 Plant Workshop in the Church Hall
Tuesday February 21 Fish and Chip supper in the Church 7.15 for 7.30pm
Sunday February 26 Last Orders at a local pub

MEETINGS IN FEBRUARY

Standing Committee meets at the Vicarage at 6pm



WHAT IS LOVE? (A special page for Valentine's Day)

A group of professional people posed this question to a group of 4-8 year olds, "What does love mean?" The answers they got were broader and deeper than anyone could have imagined. See what you think:

"When my grandmother got arthritis, she couldn't bend over and paint her toenails anymore so my grandfather does it for her all the time, even when his hands got arthritis too. That's love." Rebecca - age 8.

"When someone loves you, the way they say your name is different. You know that your name is safe in their mouth." Billy - age 4

"Love is when a girl puts on perfume and a boy puts on shaving cologne and they go out and smell each other." Karl - age 5

"Love is when you go out to eat and give somebody most of your French fries without making them give you any of theirs." Chrissy - age 6

"Love is what makes you smile when you're tired." Terri - age 4

"Love is when my mommy makes coffee for my daddy and she takes a sip before giving it to him, to make sure the taste is okay." Danny - age 7

"Love is when you kiss all the time. Then when you get tired of kissing, you still want to be together and you talk more. My Mommy and Daddy are like that. They look gross when they kiss." Emily - age 8

"If you want to learn to love better, you should start with a friend who you hate." Nikka - age 6

"There are two kinds of love, Our love. God's love. But God makes both kinds of them." Jenny - age 8

"Love is when you tell a guy you like his shirt, then he wears it every day." Noelle - age 7

"Love is when Mommy gives Daddy the best piece of chicken." Elaine - age 5

"Love is when Mommy sees Daddy smelly and sweaty and still says he is handsomer than Brad Pitt." Chris - age 7

"I know my older sister loves me because she gives me all her old clothes and has to go out and buy new ones." Lauren - age 5



Wearing a wedding ring on the fourth finger of the left hand dates back to ancient Egypt, where it was believed that the vein of love ran from this finger directly to the heart.

If you love something, set it free.
If it comes back, it was, and always will be yours.
If it never returns, it was never yours to begin with.
If it just sits in your living room,
messes up your stuff,
eats your food,
uses your telephone,
takes your money,
and never behaves as if you actually set it free in the first place,
you either married it or birthed it.

There was a woman who loved knitting, and delighted in all sorts of complex designs. One evening she went with some friends to a Chinese restaurant, and looking at the menu was intrigued by the calligraphy and the beautiful shapes it made. So she sneaked a menu into her bag, and used some of the words to make a wonderful jumper which she wore with pride.

Everyone admired it, until one day she met a Chinese friend who could not help but laugh. 'Why, what is the matter?' she asked.

'Do you know what it means?' the friend asked. 'No, do tell.'

"Cheap dish but still tasty"!

Love is grand; divorce is a hundred grand.

I am in shape. Round is a shape.

If marriage were outlawed, only outlaws would have in-laws.

It's frustrating when you know all the answers, but nobody bothers to ask you the questions.

The real art of conversation is not only to say the right thing at the right time, but also to leave unsaid the wrong thing at the tempting moment.

Brain cells come and brain cells go, but fat cells live forever.

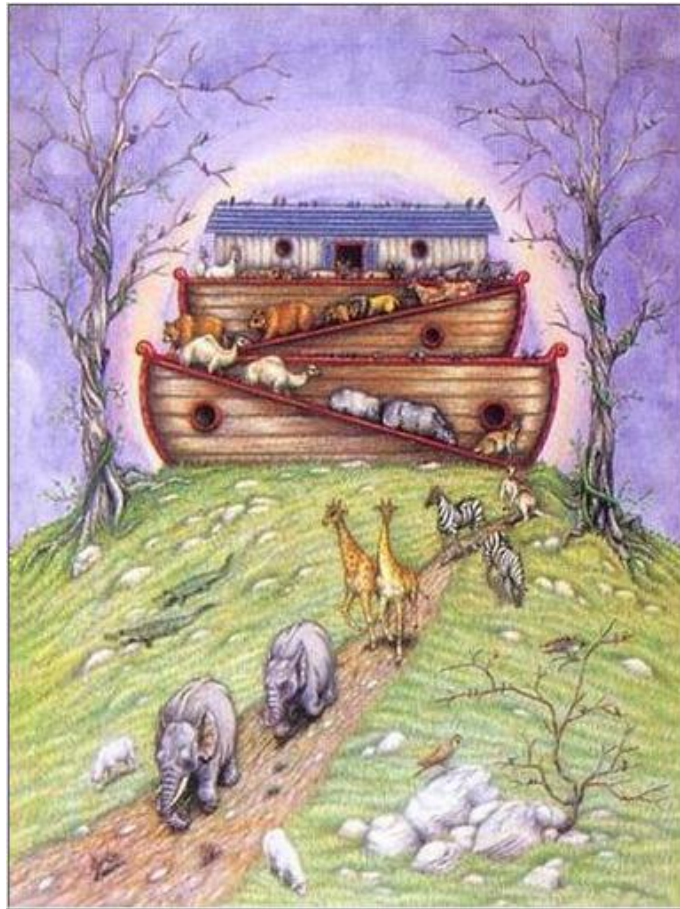
Age doesn't always bring wisdom. Sometimes age comes alone.

Life not only begins at forty, it also begins to show.

You don't stop laughing because you grow old, you grow old because you stopped laughing.



I am not afraid of tomorrow for I have seen yesterday and I love today.



Noah's Ark : Everything I need to know, I learned from Noah's Ark ..

ONE: Don't miss the boat.

TWO: Remember that we are all in the same boat!

THREE: Plan ahead. It wasn't raining when Noah built the Ark.

FOUR: Stay fit. When you're 60 years old, someone may ask you to do something really big.

FIVE: Don't listen to critics; just get on with the job that needs to be done.

SIX: Build your future on high ground.

SEVEN: For safety's sake, travel in pairs.

EIGHT: Speed isn't always an advantage. The snails were on board with the cheetahs.

NINE: When you're stressed, float awhile.

TEN: Remember, the Ark was built by amateurs; the Titanic by professionals.

ELEVEN: No matter the storm, there's always a rainbow waiting.

Most people walk in and out of your life,
but FRIENDS leave footprints in your heart.

(Sent to me by my friend Christina)

ESOL cafe at Chesterton Community College

We invite international ladies who speak English as another language to attend this free English class. We meet at Chesterton Sports Centre on Fridays from 9.30am-10.30am and invite a member of Chesterton staff to talk about their job in the school. We have lively discussions, fun activities and coffee!

It is a good opportunity to meet with other ladies and develop confidence in speaking English.

Contact Sarah Adams for further information - SAdams@chesterton.cambs.sch.uk



God's Boxes.

I have in my hands two boxes, which God gave me to hold.
He said "Put all your sorrows in the black box and all your joys in the gold."

I heeded His words, and in the two boxes both my joys and sorrows I stored,
But though the gold became heavier each day, the black was as light as before.

With curiosity, I opened the black, I wanted to find out why,
And I saw, in the base of the box, a hole, which sorrows had fallen out by.

I showed the hole to God, and mused, "I wonder where my sorrows could be?"
He smiled a gentle smile and said, "My child, they're all here with me..."

I asked God, why He gave me the boxes, why the gold and the black with the hole?
"My child, the gold is for you to count your blessings, the black is for you to let go."

Sent by Jane Kay

The Dalai Lama, when asked what surprised him most about humanity, answered "Man. Because he sacrifices his health in order to make money. Then he sacrifices money to recuperate his health. And then he is so anxious about the future that he does not enjoy the present; the result being that he does not live in the present or the future; he lives as if he is never going to die, and then dies having never really lived."



Sent by Bill Elsey

A Child's View of Thunderstorms

A little girl walked to and from school daily. Though the weather that morning was questionable and clouds were forming, she made her daily trek to school. As the afternoon progressed, the winds whipped up, along with lightning.

The mother of the little girl felt concerned that her daughter would be frightened as she walked home from school. She also feared the electrical storm might harm her child. Full of concern, the mother got into her car and quickly drove along the route to her child's school. As she did, she saw her little girl walking along.

At each flash of lightning, the child would stop, look up, and smile. More lightning followed quickly and with each, the little girl would look at the streak of light and smile.

When the mother drew up beside the child, she lowered the window and called, "What are you doing?"

The child answered, "I am trying to look pretty because God keeps taking my picture."

May God bless you today and every day as you face the storms that come your way!

Sent to me by my friend Christina

Thank You

Thank you all so much for your love and prayers. I have felt truly surrounded and cherished. It was a terrific shock that Dorothy had a massive heart attack but I am confident that God does indeed know best and he had decided it was the right time for him to take her. It is just a joy that we were all able to enjoy her playing the piano only one day before it happened – music was central to Dorothy's life. As Dave once said to me, it was the glue that held Dorothy together.

A special thank you to Dave who came to see me but did not try to sympathise and to Tom who just quietly sat there while we chatted on and off. I have had so many lovely cards, e-mails, messages, phone calls and flowers (for all of which I am most grateful) but two have really stood out and I feel I must share them with you.

One very special message was the following: *I will not attempt to say something meaningful at this time but this reply is sent surrounded by all the love possible and the certainty of prayer.* That meant so much and I am so conscious of the love and the prayers.

The second came from Jane Kay and was given to me on Sunday, the day before Dorothy's heart attack. It was a poem written by Jane's aunt who was widowed at the age of 85 after 57 years of marriage.

There is always something *OR* If it's not one thing, it's another

Life is full of little difficulties
waiting to be overcome,
but with a prayer and determination
I find the things get done.
And what a sense of great achievement
I get at the end of the day
when I thank the Lord for helping me
and listening when I pray.

I find it amazing that Jane gave me that poem the day before Dorothy died. I thought of it when the downstairs loo malfunctioned on Tuesday morning and I had to arrange for a plumber to call! God does give strength and he is indeed good.



Ruth

Carol Singing

We had a marvellous time singing carols, didn't we? The carols in Arbury Court went really well, as did those at Kingsway Flats (what a terrible night!), at Havenfield, Buchan House and the Come and Sing Carols in the Church. We had lots of people with us whom we do not normally have the opportunity to welcome in church at the Advent Service, the Crib Service, the Midnight Eucharist and on Christmas Day. And the choir sang carols in Lion Yard for CamMind. There were four choirs and we each sang for an hour. We raised £800 in all!

Glory to God in the highest.

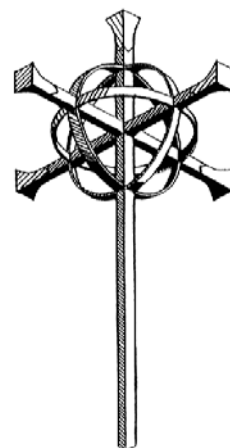
IN THE CHURCH HALL

THE SUNDAY LUNCH CLUB 1 st Sunday of the month noon – 1.30pm	John & Elizabeth Lamont	565559
THE MONDAY CLUB Monday 2.30 - 4pm	Eva Hutson	574070
THE GOOD SHEPHERD CUBS Monday 6.30 - 8pm	Charles Brown	07720 441123
LINE DANCING Tuesday 10.15 - 11.45am	Mrs B Wright	426517
KEEP FIT 50+ GROUP Tuesday 2.30 - 4pm	Mrs V Ford	870711
THE GOOD SHEPHERD RAINBOWS Tuesday 6.15 – 7.15pm	Miss Rachel Marsh	574520
DOG TRAINING CLASSES Tuesday 7.30 - 9.30pm	Christina Oxtoby.	017800767627
CARERS & SUFFERERS OF DEMENTIA Wednesday 10 – 12 noon	The Manager	884031
THE 18th & 25th GOOD SHEPHERD BROWNIES Wednesday 6 - 7.15pm	Mrs Pat Marsh	574520
THE CAMERA CLUB Wednesday 7.30 – 9.30pm	Anthony Tyler	01954 719315
GUILDHALL RETIRED MEMBERS CLUB 2 nd Wednesday of the month 2 - 4pm	Yvonne Wisbey	523549
ROYAL BRITISH LEGION 3 rd Wednesday of the month 2.30 - 4.30pm March to November		
T G W U 4 th Wednesday of the month 2 – 4pm	Evelyn Hunnyball	364293
CAMBRIDGE INSTRUMENTS PENSION FELLOWSHIP 3 rd Thursday of the month 10am - noon	Mr Richard Luff	424027
THE GOOD SHEPHERD BEAVERS Thursday 6.15 - 7.30pm	Emma Roberts	426043
THE GOOD SHEPHERD SCOUTS Thursday 7.30 – 9.00pm	Tom Boughton	301002
CHURCH TODDLERS' CLUB Friday 9.15 – 11.30am	Claire Duell	0787 4850867
TAI CHI Friday 2 – 3pm	Mike Tabrett	503390
DOG TRAINING CLASSES Friday 7.30 - 9.30pm	Arbury Road Vet. Surgery	361911

TO BOOK THE CHURCH HALL

Please phone 352151 (evenings)

**Submission date for
March Newsletter:
February 12
(Publication date February 26)**



Church Office 01223 312933

Church Hall bookings
(evenings) 01223 352151

Newsletter Ruth Banger 07764 613862
OR ruthbanger51@gmail.com

CHURCH OF THE GOOD SHEPHERD

Here at the Good Shepherd we like to help you to celebrate and commemorate many of the milestones on the journey through life; these include weddings, anniversaries, funerals, and baptism services.

If you wish to find out more about these, the first step is to contact the Vicar, the Reverend David Maher. He will be able to tell you what is involved and arrange for a meeting with you if you then wish to take things further.

He can be contacted on 01223 351844

Church website: www.churchofthegoodshepherd.co.uk

