

January 2012

30p



As I write this I'm on the brink of a raft of Nativity plays all of which seek to retell the story of the wonderful news of Jesus' birth, I'm particularly looking forward to the cowboy version that is this week – I do hope the Wise Men say 'look at that cotton pickin star!' or the shepherds get on their horse and ride on in to town to see Jesus - born at the back of the saloon. Whilst sometimes theologically adrift these plays still declare the wonderful truth and innocence of Christmas.

But as you read this it will all be over and we will be looking to a New Year, maybe excited, maybe daunted, maybe even fearful about what is to come. We begin the year with the Magi coming to worship the new born King, and as we begin this New Year we invite you to join us for our housegroup and sermon series which will help us to consider what it means for us to come and worship. Our series will be looking at worship, what it means to come in to the presence of God, how we can receive His Word, how meet with Him in the breaking of the bread and finally what our response to receiving from Him should be. If you've ever wondered why you come to church, this series is for you, if you've ever asked yourself 'I wonder what's these things mean?' or 'why we

do that?', this series is for you, if you think it's better to stay in bed than to worship God, then this series is definitely for you!! Once again there will be groups around the parish and the sermons will be online so that you can listen again.

All those who met the Christ child were filled with awe, wonder and worship. Sometimes I think it's easy to move on from the extraordinary mystery that is God coming into the world. This year take time to think what would I have done, what would my response have been if I was a Magi or a Shepherd (or even a cowboy!) who was invited to meet the Saviour of the world.

Rejoice! The Lord has come!

David



PARISH DIRECTORY

| | | |
|---------------------------------------|-------------------------|--------------|
| Vicar | Rev. David Maher | 351844 |
| Curate | Rev. Anthony Lees-Smith | 425338 |
| Honorary Assistant Curate | Rev. John Polkinghorne | 360743 |
| Reader | Linda Dean | 328658 |
| Churchwarden | Terry Barringer | 424584 |
| Churchwarden | Rhodri James | 357607 |
| PCC Chairman | Rev. David Maher | 351844 |
| PCC Vice Chairman | Rhodri James | 357607 |
| PCC Secretary | Ruth Banger | 07764 613862 |
| PCC Treasurer | Ginni Carroll | 01954 212993 |
| PCC Electoral Roll Officer | Lilas Davison | 354300 |
| Administrator | Ruth Banger | 07764 613862 |
| Altar Linen | Finsetta Cummings | 352757 |
| Assistant Treasurer | Bill Elsey | 357622 |
| Assistant Treasurer | Jim Bass | 363156 |
| Book of Remembrance | | |
| Chalice Bearers | Bill Elsey | 357622 |
| Child Protection Co-ordinator | Ruth Banger | 07764 613862 |
| Children's Society | Ruby Leyshon | 352151 |
| Children's Work | John & Alison Phillips | 502969 |
| Christian Aid | Simon & Clare Redfern | 740513 |
| Church Cleaners | Ruth Banger | 07764 613862 |
| Church Hall Bookings | Ruby Leyshon | 352151 |
| Coffee Makers | Gill Ambrose | 858994 |
| Coffee & Rolls | Fiona Blows | 329822 |
| Director of Music | Dorothy Holliday | 234409 |
| Flower Arrangers | Iris Brown | 565956 |
| Flower Arrangers | Jeanne Elsey | 357622 |
| Friends of Etterbeek | John & Elizabeth Lamont | 565559 |
| Fund Raising Events Co-ordinators | Eva Hutson | 574070 |
| Fund Raising Events Co-ordinators | Ruby Leyshon | 352151 |
| Fund Raising Events Co-ordinators | Evelyn Walker | 364067 |
| Good Shepherd Players | Liz Collinson | 01954 251377 |
| Good Shepherd Players | Ruth Banger | 07764 613862 |
| Intercessors | John Lamont | 565559 |
| Jimmy's Night Shelter | Ann Callear | 357694 |
| Lesson Readers | Lilas Davison | 354300 |
| Monday Club | Eva Hutson | 574070 |
| Good Shepherd News Editor | Ruth Banger | 07764 613862 |
| North Cambridge Area Deanery Synod | John Phillips | 502969 |
| North Cambridge Area Deanery Synod | Ginni Carroll | 01954 212993 |
| North Cambridge Council of Churches | John Lamont | 565559 |
| North Cambridge Council of Churches | Michael Lovell | 328521 |
| Pastoral Care Co-ordinator | Linda Dean | 328658 |
| Planned Giving Secretary | Lilas Davison | 354300 |
| Registrar of Planned Giving Envelopes | Tom Shipp | 353734 |
| Rural Development Movement | Henry Disney | 359396 |
| Sacristan | | |
| Servers | Bill Elsey | 357622 |
| Sidesmen & Sideswomen | Terry Barringer | 424584 |
| Sidesmen & Sideswomen | Rhodri James | 357607 |
| Social Events Co-ordinator | Bertha Wilson-Njenou | 571948 |
| Sound System | John Lamont | 565559 |

READINGS FOR JANUARY

Sundays and holy days

- 1 SECOND SUNDAY OF CHRISTMAS
Galatians 4: 4-7
Luke 2: 15-21
- 8 EPIPHANY
Ephesians 3: 1-12
Matthew 2: 1-12
- 15 SECOND SUNDAY OF EPIPHANY
Psalm 51: 1-17
Luke 15: 11-32
- 22 THIRD SUNDAY OF EPIPHANY
Psalm 119: 97-106
Luke 6: 46-end
- 29 FOURTH SUNDAY OF EPIPHANY
Luke 2: 22-40

Wednesdays

- 4 1 John 3: 7-10
John 1: 35-42
- 11 1 Samuel 3: 1-10, 19-20
Mark 1: 29-39
- 18 1 Samuel 17: 32-33, 37, 40-51
Mark 3: 7-12
- 25 Acts 9: 1-22
Matthew 19: 27 - end

FIRST CALL

on January 8
8-9pm at 51, Highworth Avenue

MEETINGS

Standing Committee meets at the Vicarage at 6pm on Sunday January 8
PCC meets at the Vicarage at 7.30pm on Monday January 16.
House Groups start up during week beginning January 15.



REGULAR SERVICES IN JANUARY

- Sundays 8am Holy Communion
10am Parish Communion
(**LAST** Sunday in the month is an All-Age service and we are joined by those who attend the Community Church in Orchard Park)
- Mondays 9.15am Morning Prayer
- Tuesdays 9.15am Morning Prayer
- Wednesdays 9.30am Holy Communion
- Thursdays 9.15am Morning Prayer
- Fridays 9.15am Morning Prayer

Services at Orchard Park see the weekly bulletin.

CHURCH CLOSURE

The Church will be closed from December 26 to January 3 except for the service at 10am on Sunday January 1

SPECIAL SERVICES IN JANUARY

January 15 at 10am Service of Healing and the Laying on of Hands with Prayer.
January 15, 22 (and February 5 and 12) Sermon series on the Eucharist
January 29 at 10am All Age Parade Service with Christingles.

EVENTS IN JANUARY

Saturday January 7 at 9.30am there will be a flower arranging workshop. This is to give encouragement and help to any new arrangers. If you are at all interested in flower arranging (whether or not you signed the list to help with church flowers) do try to come along.

Sunday January 8 at 12 noon Sunday Lunch Club meets in the Church Hall.

Saturday January 28 Christingle preparation in Church at 9.30am

Sunday January 29 Last Orders at a local pub. Dave will announce details.



First Communions

Alongside our sermon series looking at worship and Holy Communion, we will be offering a course for children and young people to prepare them to receive communion. It is now generally recognized in the Church of England that baptism is the only requirement for receiving communion and so it is increasingly common for children to be admitted to communion before being confirmed. It has been agreed at The Good Shepherd that time should be spent preparing children for this important step in their journey of faith.

The children's course will start during the 10am service at The Good Shepherd on Sunday 15th January, followed by sessions on 22nd January and 5th February. Those taking part will then be admitted to communion by Bishop David in a special service at 10am on Sunday 12th February. If you know anyone who might be interested, please speak to David or Anthony.



Hi, my name is Emily Mackintosh, and I am going to be coming to work with you in January, as part of Youth for Christ. I'm from Wallingford, in Oxfordshire and I have a younger brother. I was brought up in a Christian household, so I have really been a Christian all my life. But the moment when I knew I had to decide to live for God was when I read 'The shock of your life', a Christian book about the afterlife, when I was 13. Ever since then I have been striving to achieve all that God wants me to, and coming to Cambridge, I believe, is a part of that. I come from a Baptist Church, which I have gone to for 11 years, (before this, I went to an Anglican Church,) and I had an adult baptism when I was 15. We have gained lots of young people at our church over the last few years, and have become a very close group. We went to Soul Survivor this year, which was amazing, and it brought us even closer to God and to each other. Our church is informal in its approach, and we try to keep the church active and exciting, so that it encourages others to join and be a part of us. We try and cater for all age-ranges, with a wide variety of groups and activities. Our membership is about one hundred adults. At the moment I am an assistant youth leader at my church, which means that I help our youth worker. I have been a regular helper at the youth club for 4 years, and also help with many other youth events. I am also the leader of my youth band at church.

I studied RE, English, Psychology and Music at A level. I am currently on my gap year, but next year I am going to university in Huddersfield, to study Psychology with Counselling. After that, I want to be a primary care mental health worker, working with young people who have mental health issues. I have always had a heart for young people, and so working with YFC in my gap year was an easy choice to make.

I am working at Argos to pay for my gap year projects, and I also do babysitting and ironing to earn money.

Some other random facts about me: I love to sing and write, whether this is songs or stories. I love animals, especially Tigers, but I am scared of spiders. I have been a vegetarian for almost 10 years, because I am very concerned about animal welfare. My favourite food is anything Italian.

I would love to be able to reach young people and show them Jesus' love in new and exciting ways, and this is what I hope to do in Cambridge. I can't wait to meet you all and work with you. See you in January!

Operation Christmas Child (Shoebox Sunday)

Many thanks to all of you who donated a shoebox full of gifts for orphan children at Christmas this year. We collected 90 boxes, which was a little less last year's total (95), but a great achievement all the same. A special thanks to Ruth Reid & family, who donated 10 boxes between them. A good idea to involve all the family; perhaps some of you will try it for next year, when we hope to hit that elusive 100 box target! This year, all of our boxes will be heading off to Kyrgyzstan, a tiny republic that until 1991 was a "dependency" of the old Soviet Union. I'm sure the children there will welcome the woolly hats and mittens as much as the toys!

My grateful thanks and love to all, Ruby



Christmas Market 2011

This year, the Christmas Market was even more successful than last year, with a steady flow of parishioners and folk from further afield coming through the church doors for the whole afternoon. Considering that we were not the only local festive attraction on that afternoon, we managed to make a very creditable sum of money for Good Shepherd funds, in total £1564, over £200 more than last year. The success of the event was entirely due to the dedication of those who volunteered to help on the stalls, donate prizes for the Tombola, Prize Raffle, Hamper Raffle and made cakes and preserves. In addition, the large number of handmade gifts, toys, books and craft items donated made a big difference. It would be difficult for us to single out anyone for special praise, so our heartfelt thanks go to all of you (you know who we mean!) If only we could get that many people into the Church every Sunday! Even so, we were once again able to make contact with many of the people in the parish who would not normally visit us, so let's hope we made a good impression.

We will have another difficult year ahead of us in 2012 and things will get harder before any light at the end of the tunnel is visible. Let us live in hope that working and praying together will make it more bearable.

Love to you all,
Ruby, Evelyn & Eva

Children's Society Boxes.

At a local box emptying recently we had 38 boxes from the Cambridge area with a total of £470.56p. 21 of those boxes came from our church with a total of £232.03p - just about half the total. Well done!

If you would like to know more about the Children's Society – or would like a collecting box – see Ruby.



A QUIZ

(The answer to each of these is a flower)

1. How might you describe a silent person?
2. Name for a lady who marries for riches.
3. Everyone has these on their face.
4. You might find one of these on a safari.
5. An appropriate gift for a banker.
6. A fastener on a single man's coat.
7. A country of automobile lovers.
8. Good name for a guy's biking club.
9. He's an awfully sugary bill.
10. They're the dairy best blooms.
11. A peevish fairytale creature.
12. A woman's nightly footwear.
13. They hate to wait.
14. A fine looking jungle ruler.
15. Cross between a violin and a clarinet.

(Answers on page 9)

FOR THOSE WITH COMPUTERS

If you have a computer, have a look at these!

This was sent to me by Bill Elsey

<http://www.flixy.com/trumpet-solo-melissa-venema.htm>

and Anthony sent this

<http://voxvocispublicus.homestead.com/Index.html>

Don't forget to turn the sound up!

EVERYDAY THANKSGIVING

Even though I clutch my blanket and growl when the alarm rings, thank you, Lord, that I can hear. There are many who are deaf.

Even though I keep my eyes closed against the morning light as long as possible, thank you, Lord, that I can see. Many are blind.

Even though I huddle in my bed and put off rising, thank you Lord, that I have the strength to rise. There are many who are bedridden.

Even though the first hour of my day is hectic, when socks are lost, toast is burned, and tempers are short, my children are so loud, thank you, Lord, for my family. There are many who are alone.

Even though our breakfast table never looks like the pictures in magazines and the menu is at times unbalanced, thank you, Lord, for the food we have. There are so many who are hungry.

Even though the routine of my job is often monotonous, thank you, Lord, for the opportunity to work. There are many who have no job.

Even though I grumble and bemoan my fate from day to day and wish my circumstances were not so modest, thank you, Lord, for life.



While we are on an American theme, my brother sent me this one

Top 10 Reasons to be an Episcopalian

(from the comedian Robin Williams, who is an Episcopalian, on a recent HBO special)

10. No snake handling.
 9. You can believe in dinosaurs.
 8. Male and female God created them; male and female we ordain them.
 7. You don't have to check your brains at the door.
 6. Pew aerobics.
 5. Church year is color-coded.
 4. Free wine on Sunday.
 3. All of the pageantry - none of the guilt.
 2. You don't have to know how to swim to get baptized.
- And the Number One reason to be an Episcopalian:
1. No matter what you believe, there's bound to be at least one other Episcopalian who agrees with you.



WILDERNESS TIMES

Perhaps it's right that most of us
Will need to enter time of dark
When God it, seems, is dead and gone
And future skies are bleak and stark.
It's as we piece together faith
Anew it moves beyond a set
Of jumble sale beliefs that failed
To fit our deepest needs. Forget
The sense of sin involved when first
The nagging doubts arose. They're
sign,
Perhaps, our faith was overdue
For overhaul. It's not malign
To question all as long as fear
Of night prevents an honest look
At what we really think is true.
But likewise don't be shifty crook
Denying times you've glimpsed the
fruit

Of Holy Spirit's gift of grace
In lives of fellow pilgrims held
Within the loving, strong embrace
Of faith that's walked the road of doubt
In past. With them we shall proceed,
With hymns of hope to Christ our
Lord.

He knows our every fear and need.
Our loving God will help us cope
With times when chance derails our
lives,

Or wicked deeds achieve the same.
From death emergent soul survives
To find, at last, all doubts destroyed;
To be forever overjoyed.

Henry Disney



And after Christmas?

When the star in the sky disappears,
when the shepherds go back to their hillside,
when the wise men return to wherever they come from,
then the real work of Christmas begins.

God bless us, and keep us safe
on this day, on all days,
in all the time to come.
God bless us all, each and every one.

(From *Dirt, mess and danger* by Glendon Macaulay and published by Wild Goose Publications)

Emergency First Aid at Work Course Programme

- Introduction
- Basics of first aid (definition; aims; priorities for treatment)
- Effective actions in the event of an emergency
- Care of the unconscious casualty (including recovery position and treatment of a casualty having a seizure)
- Resuscitation (C.P.R.)
- Choking
- Contents of a first aid box, use and maintenance of equipment
- Recording incidents and first aid actions
- Minor bleeding and prevention of cross-infection
- Wounds and major bleeding
- Shock
- Minor injuries
- Evaluation and closure

We have been fortunate to engage the services of Ann Sellwood to run a First Aid course in Church **on February 20 and 27 from 6.45 – 10.00 pm**. There can be a maximum of 12 people and the cost will be £10 each (the church will cover the balance). At the end you will get a certificate stating that you are qualified to administer Emergency First Aid at Work (this is a qualification by the HSE through Quallsafe Awards). There will be a signing sheet in church in the New Year.



1. Mum
2. Marigold
3. Tulips
4. Tiger Lilies
5. Money Plants
6. Bachelor's Button
7. Carnation
8. Cyclamen
9. Sweet William
10. Buttercups
11. Snapdragon
12. Lady's Slipper
13. Impatient
14. Dandelion
15. Violet



Christmas Market 2011 (Thank you, Dave Wilson)

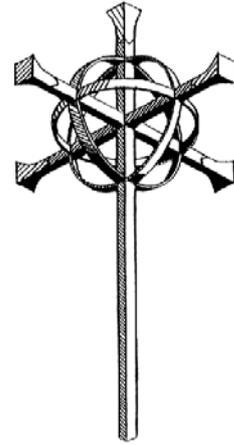
IN THE CHURCH HALL

| | | |
|---|--------------------------|--------------|
| THE SUNDAY LUNCH CLUB 1 st Sunday of the month noon – 1.30pm | John & Elizabeth Lamont | 565559 |
| THE MONDAY CLUB Monday 2.30 - 4pm | Eva Hutson | 574070 |
| THE GOOD SHEPHERD CUBS Monday 6.30 - 8pm | Charles Brown | 07720 441123 |
| LINE DANCING Tuesday 10.15 - 11.45am | Mrs B Wright | 426517 |
| KEEP FIT 50+ GROUP Tuesday 2.30 - 4pm | Mrs V Ford | 870711 |
| THE GOOD SHEPHERD RAINBOWS Tuesday 6.15 – 7.15pm | Miss Rachel Marsh | 574520 |
| DOG TRAINING CLASSES Tuesday 7.30 - 9.30pm | Christina Oxtoby. | 017800767627 |
| CARERS & SUFFERERS OF DEMENTIA Wednesday 10 – 12 noon | The Manager | 884031 |
| THE 18th & 25th GOOD SHEPHERD BROWNIES Wednesday 6 - 7.15pm | Mrs Pat Marsh | 574520 |
| THE CAMERA CLUB Wednesday 7.30 – 9.30pm | Anthony Tyler | 01954 719315 |
| GUILDHALL RETIRED MEMBERS CLUB 2 nd Wednesday of the month 2 - 4pm | Yvonne Wisbey | 523549 |
| ROYAL BRITISH LEGION 3 rd Wednesday of the month 2.30 - 4.30pm March to November | | |
| T G W U 4 th Wednesday of the month 2 – 4pm | Evelyn Hunnyball | 364293 |
| CAMBRIDGE INSTRUMENTS PENSION FELLOWSHIP 3 rd Thursday of the month 10am - noon | Mr Richard Luff | 424027 |
| THE GOOD SHEPHERD BEAVERS Thursday 6.15 - 7.30pm | Emma Roberts | 426043 |
| THE GOOD SHEPHERD SCOUTS Thursday 7.30 – 9.00pm | Tom Boughton | 301002 |
| CHURCH TODDLERS' CLUB Friday 9.15 – 11.30am | Claire Duell | 0787 4850867 |
| TAI CHI Friday 2 – 3pm | Mike Tabrett | 503390 |
| DOG TRAINING CLASSES Friday 7.30 - 9.30pm | Arbury Road Vet. Surgery | 361911 |

TO BOOK THE CHURCH HALL

Please phone 352151 (evenings)

**Submission date for
February Newsletter:
January 15
(Publication date January 29)**



Church Office 01223 312933

Church Hall bookings
(evenings) 01223 352151

Newsletter Ruth Banger 07764 613862
OR ruthbanger51@gmail.com

CHURCH OF THE GOOD SHEPHERD

Here at the Good Shepherd we like to help you to celebrate and commemorate many of the milestones on the journey through life; these include weddings, anniversaries, funerals, and baptism services.

If you wish to find out more about these, the first step is to contact the Vicar, the Reverend David Maher. He will be able to tell you what is involved and arrange for a meeting with you if you then wish to take things further.

He can be contacted on 01223 351844

Church website: www.churchofthegoodshepherd.co.uk

