



## Bishop David's Bible Challenge Lent 2011

### **ROUND THE BIBLE IN FORTY DAYS**

We all have favourite Bible passages; and we hear quite a bit of the rest in church week by week, but in small chunks and often without much sense of continuity. So it's good from time to time to get to grips with the whole of its architecture, and soak ourselves in its big story of Creation, Redemption and the coming of the Kingdom.

This year is the 400<sup>th</sup> anniversary of the King James Version of the Bible, and so just now is a very good time indeed to have such a soak, and celebrate the gift of the Bible to us and the special gift it is to us when it is translated into our own native tongue.

So my challenge to you this Lent (or at some other suitable time in the year) is to join me in reading **Round the Bible in 40 days**, cover to cover, following a simple plan. There are some brief notes to put the books of Bible in context, and you can follow a Round the Bible Blog with specially commissioned daily reflections from ministers in our diocese [including Anthony!] where you can share thoughts with each other and access other resources. You could also arrange to meet each week with other Round-the-Bible Readers. But

the main thing is to keep going, to get into *his story*, the deep-down truth of *history*, and make it *your story* too.

To add some spice to the challenge, I will give a full Bible to anyone who hasn't got a suitable one if they approach me in person on Ash Wednesday (9<sup>th</sup> March), and a Gospel to anyone who asks for one at any time in the year. And for those who see the whole journey through and let me know, there will be a certificate if wanted to commemorate the adventure. I'm keen to encourage young and old alike to join in!

And I'll be looking forward to the stories I hope you'll share of how you've met with God along the way. This is a story that will run!

+ David Huntingdon



### **Editor's note:**

It's a long time since I have read some parts of the Bible so I have decided that I will take up this challenge and do something positive for Lent rather than just give something up. Anyone care to join me? Do let me know. Bishop David will be joining us for our Shrove Tuesday supper just before Lent starts, so we can let him know then who has taken up his challenge. There will be services during the year at The Good Shepherd to celebrate the 400<sup>th</sup> anniversary of the King James Version of the Bible, so keep watching.

## *PARISH DIRECTORY*

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Churchwarden	Rhodri James	357607
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PCC Secretary	Ruth Banger	07764 613862
PCC Treasurer	Ginni Carroll	01954 212993
PCC Electoral Roll Officer	Lilas Davison	354300
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Fund Raising Events Co-ordinators	Ruby Leyshon	352151
Fund Raising Events Co-ordinators	Evelyn Walker	364067
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Good Shepherd Players	Ruth Banger	07764 613862
Intercessors	John Lamont	565559
Jimmy's Night Shelter	Ann Callear	357694
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Monday Club	Eva Hutson	574070
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Registrar of Planned Giving Envelopes	Tom Shipp	353734
Rural Development Movement	Henry Disney	359396
Sacristan		
Servers	Bill Elsey	357622
Sidesmen & Sideswomen	Terry Barringer	424584
Sidesmen & Sideswomen	Rhodri James	357607
Social Events Co-ordinator	Bertha Wilson-Njenou	571948
Sound System	John Lamont	565559

## ***READINGS FOR FEBRUARY***

### **Sundays and holy days**

- 6 CHRISTINGLE SUNDAY  
Hebrews 2: 14 - end  
Luke 2: 22-40
- 13 FOURTH SUNDAY BEFORE LENT  
James 3: 1-12  
Matthew 12: 33-37
- 20 THIRD SUNDAY BEFORE LENT  
James 4: 1-11  
Matthew 23: 1-12
- 27 SECOND SUNDAY BEFORE LENT  
James 5: 7-18  
John 5: 1-18

### **Wednesdays**

- 2 Hebrews 2: 14 - end  
Luke 2: 22-40
- 9 Genesis 2: 4b-9, 15-17  
Mark 7: 14-23
- 16 Genesis 8: 6-13, 20 - end  
Mark 8: 22-26
- 23 James 1: 19 - end  
Mark 9: 38-40



**Don't forget to bring back your Christingle "candles" on February 6. See page 5 for the work done by the Children's Society.**

## ***REGULAR SERVICES IN FEBRUARY***

- Sundays 8am Holy Communion  
10am Parish Communion  
(first Sunday in the month is an All-Age service and we are joined by those who attend the Community Church in Orchard Park)
- Mondays 9.30am Morning Prayer
- Tuesdays 9.30am Morning Prayer
- Wednesdays 9.30am Holy Communion
- Thursdays 9.30am Morning Prayer
- Fridays 9.30am Morning Prayer

**Family Worship at Orchard Park** will be on February 13 and 20 at 4pm in the Orchard Park Community Centre on Central Avenue. Light refreshments. All welcome. For further details see the weekly bulletin. On February 27 there will be a Bring and Share Meal.

## ***SPECIAL SERVICES IN FEBRUARY***

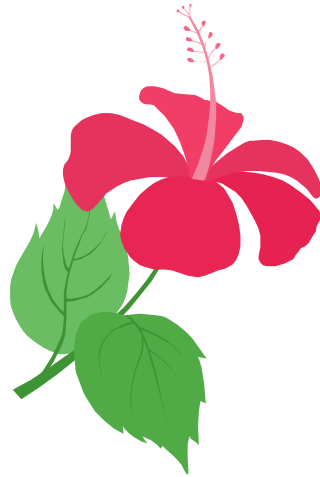
**Sunday February 27** The 10am service will be a Healing Service incorporating the Laying on of Hands with Prayer.

## ***EVENTS IN FEBRUARY***

- Sunday February 6** at 12 noon Sunday Lunch Club meets in the Church Hall.
- Saturday February 19** Plant workshop in the Church Hall 10am – 12 noon
- Saturday February 26** Welsh Evening at Liz & Rex's house 7.30pm onwards. Bring and Share Supper
- Sunday February 27** Social evening at the Carlton Arms 8-10pm

## ***MEETINGS IN FEBRUARY***

- Throughout February** – House Groups continue.
- Monday February 7.** Standing Committee meets at the Vicarage at 9.30am.



### **Plant Workshop Saturday 19th February**

Calling all gardeners! The Good Shepherd is holding a new event between 10.00 and 12.00 on Saturday 19th February in the Church Hall. Everyone is invited, but we especially need the experts amongst the congregation (don't be modest, you know who you are) to come along with your Spring preparations to show the rest of us how and when to sow seeds, propagate cuttings, split up plants and generally explain how to get something for nothing without going to the Nursery every year for new plants.

We will be serving coffee and biscuits and hoping that this will develop into a "bit of a do", that will be repeated annually, so make a note in your diaries now and start preparing some specimens to show the rest of us!

We have had promises for Fuschias and African Violets so far, but there many different plants that lend themselves to home preparation with the right knowledge, so don't be shy, come and show us!

*Ruby, Evelyn & Eva*



### **Christian Aid Rep Needed!**

Do you want to join in our church's fundraising efforts on behalf of the world's poorest people? Christian Aid week in May is a vital part of an international effort that depends on small community groups and churches raising money through street collection and other events. Clare and Simon Redfern are stepping down from this role so we need new volunteers to co-ordinate this and inspire others to take part. Creative ideas, enthusiasm and a small amount of work are needed, and you will be supported and helped by many people. Please consider whether this is a role for you. Talk to Clare or Simon (tel: C 740513) for more details.



### **Christingle services and how they help runaways**

In the UK, 100,000 children each year run away from home or care before the age of 16. Research by the Children's Society and the University of York estimates that in the UK:

- one in six runaways are forced to sleep rough or with strangers
- two-thirds are not even reported missing by their parents or carers
- one in twelve are physically hurt or harmed while away from home
- one in ten children are forced to beg, steal, or resort to other dangerous survival strategies

The Children's Society Christingle services this year are focusing on the plight of Britain's runaway children



Do you have a candle savings box? If so, do put any spare coins you may have in the box and bring it to the Christingle service on February 6.



### **Donations for flowers**

Thank you very much to all those members of the congregation who donated to the Flower Fund, and to those who kindly helped decorate the Church for Christmas.

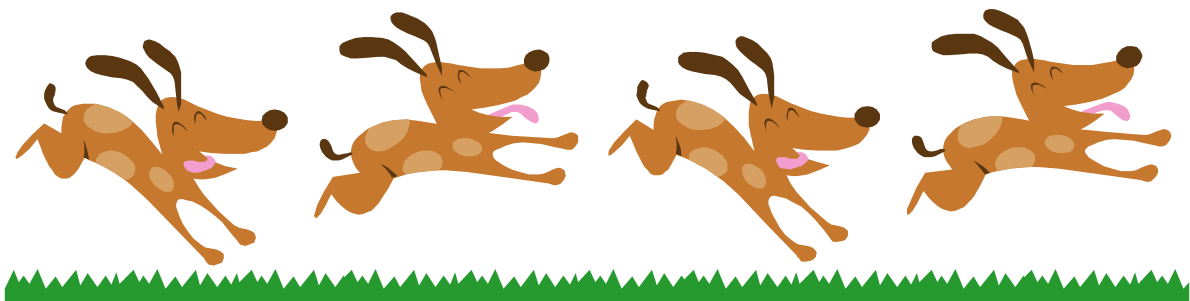
*Jeanne & Iris*

### **Inner Peace**

If you can start the day without caffeine,  
If you can always be cheerful, ignoring aches and pains,  
If you can resist complaining and boring people with your troubles,  
If you can eat the same food every day and be grateful for it,  
If you can understand when your loved ones are too busy to give any time,  
If you can take criticism and blame without resentment,  
If you can conquer tension without medical help,  
If you can relax without liquor,  
If you can sleep without the aid of drugs,  
..... then you are probably a dog.

*Anon.*

*(Given to me by a member of the congregation – sorry, I did not note your name!)*



### **Coming next month ...**

What is Ruth doing on her ALM course? (What is ALM??)  
What are our arrangements for Lent? – Bishop David's *Round the Bible in 80 Days*,  
Compline services in Lent, Church open in the mornings etc.  
Make sure you get the next issue.

## EXPLANATION OF GOD

'One of God's main jobs is making people. He makes them to replace the ones that die, so there will be enough people to take care of things on earth. He doesn't make grownups, just babies. I think because they are smaller and easier to make. That way he doesn't have to take up his valuable time teaching them to talk and walk. He can just leave that to mothers and fathers.'

'God's second most important job is listening to prayers. An awful lot of this goes on, since some people, like preachers and things, pray at times beside bedtime. God doesn't have time to listen to the radio or TV because of this. Because he hears everything, there must be a terrible lot of noise in his ears, unless he has thought of a way to turn it off.'

'God sees everything and hears everything and is everywhere which keeps Him pretty busy. So you shouldn't go wasting his time by going over your mom and dad's head asking for something they said you couldn't have.'

'Jesus is God's Son. He used to do all the hard work, like walking on water and performing miracles and trying to teach the people who didn't want to learn about God. They finally got tired of him preaching to them and they crucified him. But he was good and kind, like his father, and he told his father that they didn't know what they were doing and to forgive them and God said O.K.'

'His dad (God) appreciated everything that he had done and all his hard work on earth so he told him he didn't have to go out on the road anymore. He could stay in heaven. So he did. And now he helps his dad out by listening to prayers and seeing things which are important for God to take care of and which ones he can take care of himself without having to bother God. Like a secretary, only more important.'

'You can pray anytime you want and they are sure to help you because they got it worked out so one of them is on duty all the time.'

'You should always go to church on Sabbath because it makes God happy, and if there's anybody you want to make happy, it's God!

Don't skip church to do something you think will be more fun like going to the beach. This is wrong. And besides the sun doesn't come out at the beach until noon anyway.'

'If you don't believe in God, besides being an atheist, you will be very lonely, because your parents can't go everywhere with you, like to camp, but God can. It is good to know He's around you when you're scared, in the dark or when you can't swim and you get thrown into real deep water by big kids.'

'But...you shouldn't just always think of what God can do for you. I figure God put me here and he can take me back anytime he pleases.

And...that's why I believe in God.'

*(Thank you to my friend Christina for this child's eye view of God)*

# **New words of 2010**

**A dozen notable phrases and expressions, both ubiquitous and unusual, that entered the dictionary during the last 12 months.**

## **1. Vuvuzela**

Ah yes, the vuvuzela. Otherwise known throughout Britain as "those damn horns". Actually they weren't so bad at the games. They clearly distracted millions of television viewers though. And when they were blown next to your ear at a bar, or outside your hotel window at 4am, it wasn't quite as much fun. There was even talk of banning them during the tournament, but Fifa decided - probably rightly - that this would have been a rather rude way to treat their hosts.

## **2. Toxic debt**

Can there be a more scary term? Toxic debt is another of those phrases that became part of the lexicon as the global recession began to bite. In essence, it refers to debt that has a lower chance of being repaid with interest, and is toxic to the person or institution that will receive any payments. Thankfully it's more likely to be a huge company, like the Royal Bank of Scotland, that suffers with your toxic debt, and not me or you.

## **3. Wardrobe malfunction**

Is this really a 2010 thing? A wardrobe malfunction doesn't strictly mean poor taste in fashion. Rather it describes a person accidentally exposing an intimate part of their body as a result of an article of clothing slipping out of position. I don't know what the Sun or Daily Mail website would do without it.

## **4. Microblogging**

Now this is very 2010. And you suspect it will also be very 2011, 2012, 2013 and so on. Microblogging is the term used to describe the posting of very short entries on a blog and any other social media tool. Twitter, in other words. Why bother with a phone conversation or letter when you can describe your movements and emotions in 140 characters?

## **5. Catastrophising**

Which one of us could honestly put our hands up and admit we haven't been guilty of this from time to time? Let's face it, we can all think a situation is considerably worse than it actually is at times. Some of us are just born worriers and will reserve the right to be a drama queen on occasion.

## **6. Bromance**

I can safely say that I have never used this word in a conversation. I never really want to either, in much the same way that I never want to use the word metrosexual. Putting it simply, bromance refers to a close but non-sexual relationship between two (or more) men. All men should have them, I would have thought.

## **7. Staycation**

Well, it makes sense. We're all counting the shillings a little more carefully these days. And there really are some wonderful places to explore right here in Britain.



Having said that, when I was trying to shelter from gale force winds and sideways rain in Devon one day in August, I did see the attraction of a week's guaranteed sun in Spain or Greece.

### **8. Paywall**

None of us internet users like a paywall, do we? It allows access only to those who have paid to subscribe to a website. Rupert Murdoch insists it's the way forward for newspapers, with readers now having to fork out for both The Times and News of the World online. Time will tell whether he's right.

### **9. Soft skills**

Now we should all have these, or if we don't we should want to have them. Soft skills refer to our personal attributes, which enable us to interact effectively and harmoniously with other people. It's all about improving our EQ (that's Emotional Intelligence Quotient, of course - what do you mean you didn't know that?)

### **10. Cheeseball**

I'm tempted to chant that old football fans' mantra "You what, you what, you what, you what, you what?" Well, I'm reliably informed that they're saying this on the streets. It refers to somebody lacking in taste, style, or originality. It is usually used to describe a young male who pretends to be funny and who often uses slapstick humour. Thinking about it, we've probably all been cheeseballs at one time or another.

### **11. Chillax**

I'm always a little annoyed when I hear this - more than I should be really. It's the double whammy that irritates. I don't especially like being told to relax, and I particularly don't like being told to "chill". Both together? Just you try it.

### **12. Defriend**

The ultimate in disgrace. Something that brings with it shame, anger and recriminations. Well, not really. It simply means having your name removed from a list of friends on a social networking site. It makes sense really - I mean, how many of your Facebook friends do you really ever communicate with? Surely it's just a way of cleaning up our online lives? In saying that, I've never done it. I'm too nice.





## Acts 435 – What is it?

Acts 435 is an online charity that directly links those wanting to give with those needing their help. It recognises that people want to give, often a little, sometimes more, to people with genuine need. It puts people who can give in touch with people who are in need, with the Church as the physical, face-to-face forum to enable virtual, online giving. Of particular appeal to donors, 100% of what is donated to Acts 435 goes directly to those in need.

“Acts 435 is a fantastic initiative ... It is a very simple idea but a very exciting one! I am proud that the Church is taking practical steps to help those facing practical difficulties.”  
Archbishop of York, Dr. John Sentamu

Acts 435 works through a four step process:

1. Person in need applies to the local church for help
2. Local church receives and verifies the request
3. Request for help is posted on the Acts 435 website
4. Donor chooses from a list of requests and makes a payment via a secure system online.

## Facts and Figures

- Acts began in October 2009 as a pilot in the York Diocese
- Over 100 individuals helped since Acts 435 started
- Over £9,000 gone directly to those individuals in need
- Acts 435 launched nationwide at General Synod on 12<sup>th</sup> July, 2010
- New churches getting involved outside of the original Yorkshire and Humber pilot area with requests posted from Haverhill, Suffolk and London, and some expected from Bristol and Lincolnshire soon.

## The Stories from Beneficiaries

### 1 *New clothes, new life!*

A young man had to be removed from home and live elsewhere. An Acts 435 donation of £100 provided him with some new clothes. He was able to purchase a winter coat, 3 pairs of tracky bottoms, four tops, underclothes, socks, a sweatshirt and a secure bike lock (as some weeks previously his bicycle had been stolen). This gift has provided a personal lift to a young life blighted by those who did not cherish him. The effect was

amazing and uplifting.

## 2 *Washing machine*

An Acts 435 donation of £100 provided a new washing machine for an applicant from Hull, single Mum to 2 young children, one of which had kidney problems resulting in night time enuresis which generated a lot of washing and caused a lot of stress when the washing machine broke down. The donation was very timely and a huge practical help.

Please see the website – [www.acts435.com](http://www.acts435.com) - for more success stories.

## **Participating in Acts 435 – why churches should not delay**

It is quick and simple for a church to get involved with Acts 435. Once local leadership has approved the scheme, the appointed advocate (church volunteer) can be trained and operational in less than a week.

Given current government austerity measures, there is no better time to start. People are suffering from redundancies, isolation and despair up and down the country. The church has a duty, and an opportunity, to step up and show it's serious about helping those in need.

To get involved, contact Jennifer Herrera at [admin@acts435.co.uk](mailto:admin@acts435.co.uk) or 01904 772385



This introduction to the work of Acts 345 comes to us from Jenny Herrera who has just taken up the post of Director, working three days a week

Jenny in turn was introduced to us by Terry who was her landlady some years back when Jenny was working as Pastoral Assistant at Holy Trinity Church. Jenny read Maths and Theology at Cambridge and qualified as an Accountant with a top firm before following her call to Development work and Caribbean/Latin America. She worked for several years in Guatemala with vulnerable young and adolescent girls with Kids Alive (<http://www.kidsalive.org/>)

She's now back in her native city of York, with her Guatemalan husband and baby son.

**WHEN FREED FROM...**

Impatient gang of hungry birds  
Await my rising every day.  
The feral pigeons dominate.  
They shoo the smaller doves away.  
Among themselves they fight for last  
Of nuts we scatter on the ground.  
A tricky conscience never stirs.  
A lack of any thoughts profound  
Ensures they live for selves alone.  
Their only angst is how to thrive  
Another hour. They never pause  
To wonder why they're still alive  
Or what their purpose on this earth  
Is meant to be. The present now

Is all that matters day by day.  
For people questions won't allow  
Us peace for long. We strive to find  
A purpose more than just survive  
Another day. And being kind  
To others comes as secret prompt  
We feel is right, or else it seems  
An easy means to win ourselves  
Esteem. We learn that love redeems  
When freed from taint of self concern,  
As Holy Spirit's gift of grace  
Dethrones the selfish beast within.  
It's thus we welcome God's embrace.

*Henry Disney*



**FROM THE PARISH REGISTERS**

**Holy Baptism**

November 14

Victoria Susan Hancock

November 24

Stephanie Start

Cari-Ann Fay Chamberlin

January 9

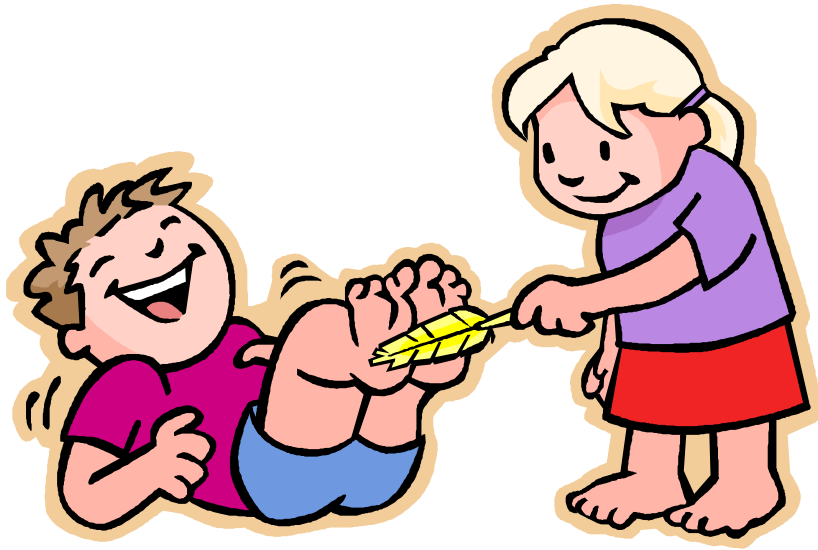
Evangeline Constance Wright

**Funeral**

January 5

Lynn Gillian Allsop

## FOR YOUR AMUSEMENT



### **MURPHY'S LAWS OF PARENTING**

The later you stay up, the earlier your child will wake up the next morning.  
The gooier the food, the more likely it is to end up on the carpet.  
The longer it takes you to make a meal, the less your child will like it.  
A sure way to get something done is to tell a child not to do it.  
For a child to become clean, something else must become dirty.  
Toys multiply to fill any space available.  
Yours is always the only child who doesn't behave.  
If the shoe fits ... it's expensive.  
Backing the car out of the driveway causes your child to have to go to the bathroom.  
The hand that rocks the cradle usually is attached to someone who isn't getting enough sleep.

### **MOSES AND THE RED SEA**

Nine-year-old Joey was asked by his mother what he had learned in Sunday School. "Well, Mom, our teacher told us how God sent Moses behind enemy lines on a rescue mission to lead the Israelites out of Egypt. When he got to the Red Sea, he had his army build a pontoon bridge and all the people walked across safely. Then he radioed headquarters for reinforcements. They sent bombers to blow up the bridge and all the Israelites were saved."  
"Now, Joey, is that really what your teacher taught you?" his mother asked.  
"Well, no, Mom. But, if I told it the way the teacher did, you'd never believe it!"

### **SAY A PRAYER**

Little Johnny and his family were having Sunday dinner at his grandmother's house. Everyone was seated around the table as the food was being served. When Little Johnny received his plate, he started eating right away. "Johnny! Please wait until we say our prayer," said his mother.  
"I don't need to," the boy replied.  
"Of course, you do," his mother insisted. "We always say a prayer before eating at our house."  
"That's at our house," Johnny explained. "But this is grandma's house and she knows how to cook!"

### **A CHILD'S BLESSING**

A woman invited some people from church to dinner. At the table, she turned to their six-year-old daughter and said, "Would you like to say the blessing?"

"I wouldn't know what to say," the girl replied.

"Just say what you've heard Mommy say before," the wife answered.

The daughter bowed her head and said, "Lord, why on earth did I invite all these people to dinner?"

### **FROM A CHILD'S POINT OF VIEW**

STEVEN (age 3) hugged and kissed his mom good night: "I love you so much that when you die I'm going to bury you outside my bedroom window."

JACK (age 3) was watching his mom breast-feeding his new baby sister. After a while he asked, "Mom, why have you got two? Is one for hot and one for cold milk?"

BRITTANY (age 4) had an earache and wanted a pain killer. She tried in vain to take the lid off the bottle. Seeing her frustration, her Mom explained it was a child-proof cap and she'd have to open it for her. Eyes wide with wonder, the little girl asked, "How does it know it's me?"

SUSAN (age 4) was drinking juice when she got the hiccups. "Please don't give me this juice again," she said, "It makes my teeth cough."



Finding a woman sobbing that she had locked her keys in her car, a passing soldier assures her that he can help. She looks on amazed as he removes his trousers, rolls them into a tight ball and rubs them against the car door. Magically it opens.

"That's so clever," the woman gasps. "How did you do it?"

"Easy," replies the man. "These are my khakis".

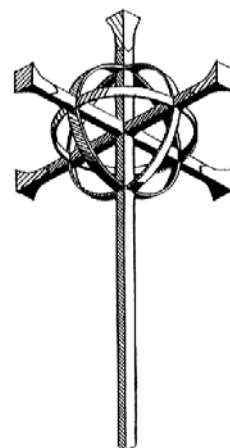
## IN THE CHURCH HALL

<b>THE MONDAY CLUB</b> Monday 2.30 - 4pm	Eva Hutson	574070
<b>THE GOOD SHEPHERD CUBS</b> Monday 6.30 - 8pm	Charles Brown	07720 441123
<b>LINE DANCING</b> Tuesday 10.15 - 11.45am	Mrs B Wright	426517
<b>KEEP FIT 50+ GROUP</b> Tuesday 2.30 - 4pm	Mrs V Ford	870711
<b>THE GOOD SHEPHERD RAINBOWS</b> Tuesday 6.15 - 7.15pm	Miss Rachel Marsh	574520
<b>CARERS &amp; SUFFERERS OF DEMENTIA</b> Wednesday 10 - 12 noon	The Manager	884031
<b>THE 18<sup>th</sup> &amp; 25<sup>th</sup> GOOD SHEPHERD BROWNIES</b> Wednesday 6 - 7.15pm	Mrs Pat Marsh	574520
<b>THE CAMERA CLUB</b> Wednesday 7.30 - 9.30pm	Anthony Tyler	01954 719315
<b>GUILDHALL RETIRED MEMBERS CLUB</b> 2 <sup>nd</sup> Wednesday of the month 2 - 4pm	Yvonne Wisbey	523549
<b>ROYAL BRITISH LEGION</b> 3 <sup>rd</sup> Wednesday of the month 2.30 - 4.30pm March to November		
<b>T G W U</b> 4 <sup>th</sup> Wednesday of the month 2 - 4pm	Evelyn Hunnyball	364293
<b>CAMBRIDGE INSTRUMENTS PENSION FELLOWSHIP</b> 3 <sup>rd</sup> Thursday of the month 10am - noon	Mr Richard Luff	424027
<b>THE GOOD SHEPHERD BEAVERS</b> Thursday 6.15 - 7.30pm	Emma Roberts	426043
<b>THE GOOD SHEPHERD SCOUTS</b> Thursday 7.30 - 9.00pm	Alan Leader	563233
<b>CHURCH TODDLERS' CLUB</b> Friday 9.15 - 11.30am	Claire Duell	0787 4850867
<b>TAI CHI</b> Friday 2 - 3pm	Mike Tabrett	503390
<b>THE SUNDAY LUNCH CLUB</b> 1 <sup>st</sup> Sunday of the month noon - 1.30pm	John & Elizabeth Lamont	565559

**TO BOOK THE CHURCH HALL**

**Please phone 352151 (evenings)**

**Submission date for  
March Newsletter:  
February 12  
(Publication date February 26)**



Church Office 01223 312933

Church Hall bookings  
(evenings) 01223 352151

Newsletter Ruth Banger 07764 613862  
**OR** ruthbanger51@gmail.com

## **CHURCH OF THE GOOD SHEPHERD**

Here at the Good Shepherd we like to help you to celebrate and commemorate many of the milestones on the journey through life; these include weddings, anniversaries, funerals, and baptism services.

If you wish to find out more about these, the first step is to contact the Vicar, the Reverend David Maher. He will be able to tell you what is involved and arrange for a meeting with you if you then wish to take things further.

He can be contacted on 01223 351844

Church website: [www.churchofthegoodshepherd.co.uk](http://www.churchofthegoodshepherd.co.uk)

