

# Church of The Good Shepherd Newsletter

April 2008

10p where sold

The last three days of April this year are designated by the Church as Rogation Days, times when we thank God for the fruits of the earth, pray for good crops and give thanks for those who work on the land to provide us with our food. When I was the vicar of a country parish, after the Eucharist on Easter 6 we would all go outside and facing in turn the four points of the compass, look across the fields and remember our neighbours and their work for us. In some parishes on that day, congregations will 'beat the bounds', processing to encircle the village and its life.

To-day, our thoughts and prayers carry us much wider than our immediate locality. Our food comes to us from all over the world and those to whom we should be thankful are citizens of many countries. The Fair Trade Movement, which seeks to ensure that farmers receive a just return for their labours, is something we should all consider supporting. We need also to remember the many hundreds of millions of people who do not have enough food to eat, or access to clean water. There is enough food produced worldwide to feed all the earth's population if it were equitably distributed, but that of course is by no means the case. Not only being should we support the excellent work done by Christian Aid, but we should also consider what political pressure it might be right to exert to encourage our society to take fully seriously its global responsibilities to all our brothers and sisters outside the rich communities of the North. World population is increasing at a rapid rate and it will quite soon outrun the agricultural capacity that present practice makes available. Science will need to play a role in seeking to enhance productivity and to bring inhospitable terrains into fertile use.

GM crops may well have a significant role to play in this.

Rogationtide is not only a time to be thankful for the fertility and beauty of the earth, but it is also a time to take seriously the global extent of our Christian concern.

*John Polkinghorne*



## **A prayer for Rogationtide**

Almighty God, you have provided the resources of the world to maintain the life of your children, and have so ordered our life that we depend upon each other, Bless all people in their daily work, and, as you have given us the knowledge to produce plenty, so give us the will to bring it within the reach of all.



## *PARISH DIRECTORY*

Vicar	Rev. David Maher	351844
Honorary Assistant Curate	Rev. John Polkinghorne	360743
Reader	Linda Dean	328658
Churchwarden	Iris Brown	565956
Churchwarden	Henry Disney	359396
PCC Chairman	Rev. David Maher	351844
PCC Vice Chairman	Henry Disney	359396
PCC Secretary	Fiona Blows	329822
PCC Treasurer	Coral Hatley	313619
PCC Electoral Roll Officer	Lilas Davison	354300
Altar Linen	Finsetta Cummings	352757
Amnesty International	Audrey Disney	359396
Assistant Treasurer	Bill Elsey	357622
Assistant Treasurer	Jim Bass	363156
Book of Remembrance	Monica Shipp	353734
Chalice Bearers	Bill Elsey	357622
Chantry Book	Tom Shipp	353734
Child Protection Co-ordinator	Ruth Banger	234409
Children's Society	Ruby Leyshon	352151
Children's Work	John & Alison Phillips	502969
Christian Aid	Simon & Clare Redfern	740513
Church Cleaners	Monica Shipp	353734
Church Hall Bookings	Ruby Leyshon	352151
Church Heating	Horace Giles	359001
Coffee Makers	Irene Langley	367964
Coffee & Rolls	Fiona Blows	329822
Director of Music	Dorothy Holliday	234409
Events Co-ordinators	Ruby Leyshon	352151
Events Co-ordinators	Evelyn Walker	364067
Flower Arrangers	Iris Brown	565956
Flower Arrangers	Jeanne Elsey	357622
Friends of Etterbeek	John & Elizabeth Lamont	565559
Good Shepherd Players	Liz Collinson	01954 251377
Good Shepherd Players	Ruth Banger	234409
Health & Safety Officer	Peter Covill	729573
Historic Churches Cycle Ride	Ros Lund	565303
House Group	Terri Barringer	424584
Insurance Secretary	Joe Fletcher	351107
Intercessors	John Lamont	565559
Jimmy's Night Shelter	Ann Callear	357694
Lesson Readers	Lilas Davison	354300
Monday Club	Eva Hutson	
Newsletter Editor	Ruth Banger	234409
North Cambridge Area Deanery Synod	Rhodri James	357607
North Cambridge Area Deanery Synod	John Phillips	502969
North Cambridge Council of Churches	Ruby Leyshon	352151
Pastoral Care Co-ordinator	Linda Dean	328658
Planned Giving Secretary	Lilas Davison	354300
Registrar of Planned Giving Envelopes	Tom Shipp	353734
Rural Development Movement	Henry Disney	359396
Sacristans	Ian & Else Catchpole	474540
Servers	Bill Elsey	357622
Sidesmen & Sideswomen	Iris Brown	565956
Sidesmen & Sideswomen	Henry Disney	359396
Sound System	John Lamont	565559

## ***READINGS FOR APRIL***

### **Sundays and holy days**

- 6    **THIRD SUNDAY OF EASTER**  
Acts 2: 14a, 36-41  
1 Peter 1: 17-23  
Luke 24: 13-35
- 13   **FOURTH SUNDAY OF EASTER**  
Acts 2: 42-47  
1 Peter 2: 19-25  
John 10: 1-10
- 20   **FIFTH SUNDAY OF EASTER**  
Acts 7: 55-60  
1 Peter 2: 2-10  
John 14: 1-14
- 27   **SIXTH SUNDAY OF EASTER**  
Acts 17: 22-31  
1 Peter 3: 13-22  
John 14: 15-21

### **Wednesdays**

- 9    Acts 2: 42-47  
1 Peter 2: 19-25  
John 10: 1-10
- 16   Acts 7: 55-60  
1 Peter 2: 2-10  
John 14: 1-14
- 23   Acts 10: 34-43  
John 20: 1-18
- 30   Acts 17: 22-31  
1 Peter 3: 13-22  
John 14: 15-21



## ***REGULAR SERVICES IN APRIL***

- Sundays        8am Holy Communion  
                    10am Parish Communion
- Mondays        9.30am Morning Prayer
- Tuesdays      9.30am Morning Prayer
- Wednesdays   9.30am Holy Communion
- Thursdays     9.30am Morning Prayer
- Fridays         9.30am Morning Prayer

## ***SPECIAL SERVICES IN APRIL***

Service of Healing and the Laying on of Hands with Prayer at 10 am on Sunday April 28

## ***EVENTS IN APRIL***

Sunday April 6 12 noon, Sunday Lunch Club in the Church Hall.

## ***MEETINGS IN APRIL***

Standing Committee meets on April 13 at 56 Harding Way

Annual Parochial Church Meeting in the Church Hall at 11.50 on Sunday April 27.



## The Eight O'Clock

As you may have noticed, there are services called The Eight O'Clock which are held (not surprisingly) at 8 o'clock in the evening every now and then at various churches in our area. They are Ecumenical services and involve many of our local church groups ranging from Free Church through Anglican, Methodist and Baptist to our friends at St. Laurence's. They are certainly different from the "normal" services you may have attended and involve varied lighting, high-tech sound, snappy items, and songs which are led by a band. Dorothy and I missed the last 8 o'clock – we seem to have been unfortunate at The Good Shepherd recently with clashes between our own events and the 8 o'clock services – but we have certainly been in the past and enjoyed the services. The young people at St. Laurence's clearly enjoyed themselves at the last service as you will see from the extract from their Newsletter which I am reproducing below with permission from Father David. If you haven't tried The Eight o'clock, perhaps their enthusiastic response might encourage you to give it a go.

### Father David is awesome!

This is what we all learned at the Eight o'clock Service. Not only is he awesome but we are all awesome as we are made in God's image.

12 children from St. Laurence School attended the Eight o'clock Service, with their parents. Here are some of their impressions.

The Eight o'clock service was very exciting and it was fun. I wish I could go again.

We went up on the altar steps and sang, *I, the Lord of sea and sky* and *Follow me, follow me*

The Eight o'clock service was very good because we sang and listened to reading about Jesus and God.

It was fun with the church in red light, The smart board was great with pictures. The singing from the teenagers was a new way of sending us the message of God. The biscuits were good!! Yum Yum.

The Eight o'clock service was very good. I want to go every month.

We sang in church *I, the Lord of sea and sky* and *Follow me, follow me*. We had biscuits and juice.

The Eight o'clock service was very interesting. I liked the reading about the gate and the sheep.

The Eight o'clock service was very different to any other services I had been to because there was a singing band and there was a large screen showing lots of photos.

With special thanks to Sinead O'Neil, Joseph Lyon, Eleanor Edwards, Benet Jarrett, Emily Moan, Eamonn Deane and Delphi Hoskin-Keeley who made these contributions to St. Laurence Church Newsletter.

*Ruth Banger*

P.S. Perhaps at The Good Shepherd we ought to insist that **our** Father David is awesome as well!



**BREAKING NEWS: The next 8 O'Clock service is on Sunday May 4 at St. Andrew's, Chesterton. Why not put that date in your diary?**

## ARBURY CARNIVAL 14<sup>th</sup> JUNE 2008

### Website

Our new website will be regularly updated with all the latest information regarding the carnival, including prices for stallholders. It also includes contact details for the committee members and photos from the 2007 Carnival.

### Procession

The Arbury Carnival Committee have agreed that the procession will commence from Cambridge Regional College on Kings Hedges Road at 12.00noon walking down Campkin Road with a brief stop opposite Tesco Express for younger members to join the procession. It will then go past the main Carnival at 12.30pm and finish off at the Manor Community College. The Committee are keen to encourage local groups to join the procession and make it as colourful and noisy as possible using the theme of **Films and Musicals**.

### Stalls

Stall prices and booking details are on the website. Booking forms are going out to previous stall holders and local community groups. Anyone interested in having a stall at the carnival should write to:

Arbury Carnival Committee,  
Arbury Community Centre,  
Campkin Road,  
Cambridge, CB4 2LD.

### About the Arbury Carnival Committee

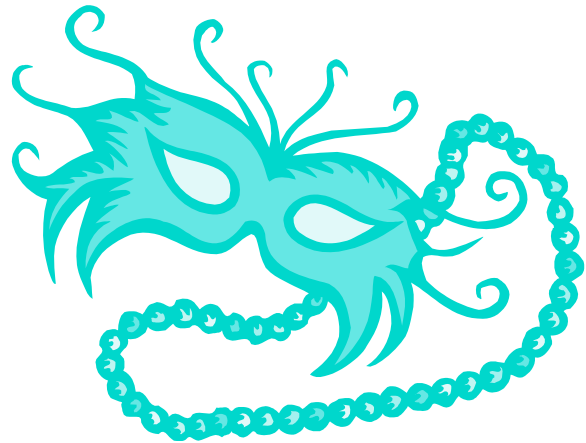
The Committee is a voluntary group of local residents currently consisting of; Alan Soer (Chairman), Polly Stokes, Jo Flood, Tracy Partridge, Tracy Parr, Andy Pellew and Andy Kurowski. Based at the Arbury Community Centre, the Arbury Carnival Committee is a not for profit organisation which generates funds for the local community.

General contact details:

Alan Soer at the Arbury Community Centre on: 01223 712038.

Email contact details:

[tracy.parr@ntlworld.com](mailto:tracy.parr@ntlworld.com) or  
[tracypartridge@hotmail.com](mailto:tracypartridge@hotmail.com)



### **Out of the mouths of babes and sucklings**

A young mother to her four year old son during his first ride on the London Underground. "Now we're under the streets and the shops and the houses and the parks ..." etc. "And are we still under God?" he asked.

Deborah, aged four, to Kenneth, aged six, during a violent tropical thunderstorm. "Kenneth, do you think God is frightened with all the thunder?" "Deborah, God isn't a man like daddy, you know. He's a spirit".



## INCARNATION RULES O.K.!

When Buddha challenged ancient views,  
And stripped away the myths, he found  
The common core of ethics all  
Religions teach. While much profound  
Perception filled his mind, his sense  
Of self dissolved and fell apart.  
He's left with beastly drives, the dregs  
Of former pains, emotions part  
Perceived, and unfulfilled desires.  
And some of these he thought had come  
From former lives. The self as 'soul',  
He taught his monks, was merely sum  
Of all these things we label now  
As evolution's means to stay  
Alive in face of daily strife.  
But when we heed the call of way  
Our God would have us walk, his grace  
Embraces all these basic fears and needs.  
As Holy Spirit starts to feed  
Our deepest inmost thoughts the seeds  
Of love create emergent souls.  
Incarnate selves are born to thrive  
In paradise when flesh is dead.  
For now it means we come alive.  
Instead of shedding what we are,  
Today we're meant to sanctify  
Our secret selves and how we live.  
It's thus our souls will learn to fly.

*Henry Disney*



In the next column are comments from two of our Lent Groups on this year's course. I apologise to the Tuesday Group – I did try to get a comment from someone in that Group too!

*Editor*

## LENT 2008

“We had Heaven at the beginning and Heaven at the end but I don't know that we came to any conclusions”.

That's how one of our number summed up the Monday Evening Group's experience of this year's Lent course *The Lord's Prayer: Praying it, meaning it, living it*. We valued the different voices on the CD and perspectives in the booklet and found they led us into open, varied and lively discussion. No area of Christian doctrine or practice was left out though we wanted more on temptation and how to deal with it. We enjoyed our fellowship and learned to trust each other with our doubts as well as our certainties. We were all challenged to think more about what we meant when we pray the Lord's Prayer and to acknowledge our dependency on God in all areas of lives, not just the 'church-y' bits. Above all we appreciated the course and the Lord's Prayer itself for its down to earth spirituality.

*Terry [Barringer] and the Monday Lent Group*

**Our Father**, two words that say it all. Our Lent group dwelt on this and we tried to understand and bring together our thoughts.

The Group this year was vibrant, with a very good and sincere interchange of ideas and hopes. We worked towards a deeper understanding of the Lord's Prayer and of ourselves, opening up our feelings and trying to bring this Prayer into more prominence in our understanding of each other and the stresses we all feel from time to time. It proved a vast subject to cover in just five weeks, but gave us time to seek our Father's help when we feel we cannot see the way forward.

The session in which we discussed *as we forgive* proved to be a very difficult one, however it also gave us time to reflect on our own attitudes, and to see through the glass more clearly.

The general opinion of our Group was that the York Course was very challenging and demanding, but also most enjoyable.

*Bill and Jeanne Elsey for the Wednesday Group*

## A shock exposure – another (not so) secret clique revealed!

Now the full story can be told and all the details revealed. Several members of the congregation have suspected that a select group of parishioners are meeting on an annual basis to celebrate something, but until now it's all been just supposition. Recently, however, the full story has emerged. It seems that, although many of the participants are English, the group has been celebrating on or around the 1<sup>st</sup> March each year something decidedly foreign. That's the clue of course, it's St David's Day and we've all been wallowing in Welshness!

Every year, and this year marks the 15<sup>th</sup> occasion, the group assembles under cover of darkness in the remote village of Cottenham at the home of one of Newport's finest daughters (and husband Rex) to celebrate the brotherhood of the leek and the daffodil. In short, to proclaim the impact of Wales and the Welsh on the rest of the world.

The evening now follows a tried and tested formula. As usual, after a glass of wine, a stirring rendition of the Welsh national anthem is harmoniously bellowed out, reminiscent of the Millennium Stadium before the team runs out and then we launch into the main event.

And what an event it is! After the anthem, comes a varied programme of poesy and prose, designed to stimulate the senses and amplify that unique concept of Welshness, which grips all present. The assembled company are transformed, just for one evening, into *Dais*, *Megans* and *Iantos* and even the accents develop a musical lilt as each item is delivered until our genial host calls a halt for supper.

Following a tried and trusted Good Shepherd formula, the supper is always a plentiful array of fine food provided by the method of "bring and share". This time, of course, there's a definite slant towards a Welsh menu, with leeks, Caerphilly cheese and even a Rhondda version of Tandoori chicken to try.

After several visits to the table, the company reassembles for the "second half". [Note to self:- must stop comparing with a Rugby match]. With more poems, reading and songs, the evening all too soon reaches its climax, with an enthusiastic rendition of Cwm Rhondda, bringing the night to a close. Collecting coats and partners, where necessary the company disperses into the night vowing to meet again next year and determined to spread the word.

I think this evangelical spirit for all things Welsh evaporates on the way home, for purely selfish reasons, as we never seem to be swamped with novitiates the following year.

So now you know about the secret, but not where we meet, so unless you can follow the clues and whisper in the right ears before next St David's Day, you're still English and on the outside. Nos Da!

*Geoff Leyshon*





General enjoyment at the Welsh Evening. Despite the report earlier (!), we are happy to report new faces at the Welsh Evening this year. Pictures taken by Liz Collinson.



## BIBLE CAKE

1 cup. Judges 5:25 (butter)  
2 cups. Jeremiah 6:20 (sugar)  
6 of Isaiah 10:14 (eggs)  
3 ½ cups. 1 Kings 4:22 (flour)  
½ tsp. Leviticus 2:13 (salt)  
2 tsp. 1 Corinthians 5:5 (baking powder)  
¼ tsp. each of 3 spices in 1 Kings 10:2 (spices)  
1 cup. Genesis 24:2 (water)  
1 tbsp. Exodus 16:31 (honey)  
2 cups. each of 1 Samuel 25:18 (raisins and figs)  
1 cup. Genesis 43:2 (nuts, chopped)

Cream butter and sugar. Add eggs, one at a time. Sift salt, flour, baking powder, and spices (cinnamon, nutmeg, and allspice). Mix honey with water and add alternately to first mixture with dry ingredients. Add raisins, figs, and nuts. Pour into greased loaf pan or angel cake pan. Bake at 375 degrees until it tests done. (Check your Bible references and you will actually find these ingredients listed there.)

## JIMMY'S

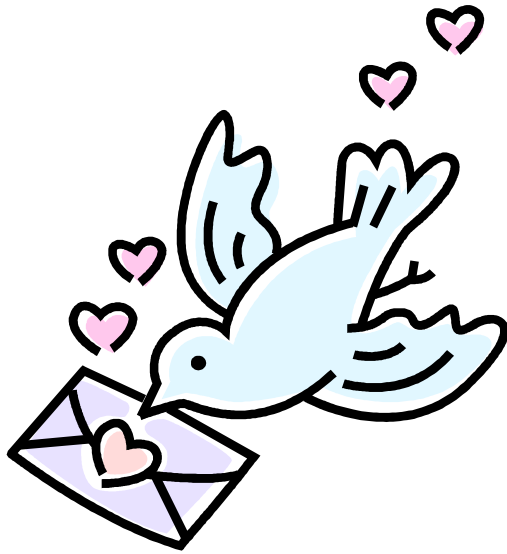
Jimmy's continue to be delighted with the donations they are receiving from us, so please keep them coming! Unfortunately I am unable to deliver at the moment but I can guarantee that the box will be emptied regularly and the contents taken to Jimmy's.

Jimmy's staff and their guests need our help as much as they ever did, so please continue to remember them both with practical gifts and in your prayers.

*Ann Callear*



Julian of  
Norwich



### All you need is love

This may be true, but not so in my case on February 16<sup>th</sup>, the day of the choir concert. All *I* needed was my voice, but unfortunately it had completely disappeared! I was really annoyed, as I had been looking forward to singing the exciting and interesting programme of music that Dorothy had put together. However, I was still delighted to attend, and it did mean that I was able to listen to the choir and the readers without having to worry about following my own part!

As it was so near St Valentine's Day, I suppose it was inevitable that the theme of love would be chosen. The programme certainly covered love in all its forms from the eternal dilemma of: "Shall I phone him, or shall I wait for him to phone?" to God's generous and forgiving love for us. We heard about Lizzie Pitofsky, of whom Geoff couldn't get enough and of how the object of Linda's love was 'suave and debonair' (no, not Neville - a cat!).

The madrigals were delightful and Jinty's rendering of *On my own* from *Les Misérables* was very moving. I have to say, my absolute favourite was *Love Potion No. 9* and I shall be pestering Dorothy to do it again soon so I can sing in it! It was completely new to me and great

fun! '*Swonderful* in close harmony was just that! Ruth sang *Bill*, an all time favourite, and Rhodri made me laugh a lot when I heard the plight of the lovelorn armadillo! It was great to have Ruth's brother, John, with us to supply a much-needed bass part!

There were serious moments, too, where we pondered the wideness and timelessness of God's mercy and love for us all.

Despite not being able to sing, I thoroughly enjoyed it all and was only sorry that I couldn't perform my chosen 'Madness' song – but fear not, it will appear at a later

date! We were pleased that the concert raised £138.35 for the British Heart Foundation and a good time was had by all! (Remember, watch out for that love potion!)

*Liz Collinson*



**Concert on February 16 2008**



**From the Parish Registers**

**Holy Baptism**

February 24

Hazel Joan Thomas

**Funeral**

March 3  
March 17

Lily May George  
Jessie (Jane) Forbes

Church of The Good Shepherd  
Church of The Good Shepherd



## CAMBRIDGE MUSIC, DANCE AND CULTURE EVENT



In the afternoon of Sunday March 9 some members of our church choir went to Arbury Community Centre to take part in a Cambridge Dance, Music and Culture Event – and what an amazingly colourful afternoon it was.

We started with the Bokashy mens singing group with their fascinating instruments, progressed through being taught Congolese dancing (it will be a long time before I forget his instruction of “Step, step, step, wiggle, wiggle, wiggle”!) and on to some extremely elegant Indian ladies dancing a stick dance. We had Chinese Folk Dancing – a snappy Kung Fu Fan Dance and a cheeky Hat Dance. Pride of place in the entire afternoon, in my opinion, went to the two Chinese men who “controlled” the Dragon. He was amazing, with such mobile eyebrows and expressions, his movements accompanied by beats on a gorgeous Chinese drum.

We were shown how to arrange a sari, watched the three SINstars who rehearse at Manor School perform an amazing piece of hip hop (such fantastic flexibility and energy!) and also saw a demonstration of kick boxing. Some young exponents of Street Dancing gave us a show – very brave of them as they admitted they were very new to that dance medium.

There was also a demonstration and then a workshop by professional graffiti artist Kilo – he was so skilful. I shall never look at graffiti in the same way again! We heard briefly from Chris Clayton of the work of the Harambee Centre and how they help to promote understanding of different cultures. What did we do? We sang two items from our last concert.

I found the variety and colour of all the contributions quite amazing. I also found the noise level quite amazing too – but then that’s me! What I loved was the obvious pride each group had in presenting what *their* culture had to offer. It was a small glimpse into the lives of all those people in our parish whom we never normally meet and I would like to thank Cambridge City Council for promoting the event and, in particular, Lexzecia Cayneeo, Arbury Neighbourhood Community Project Worker, for her calm organisation as the different excited groups swirled around her.

(We hope to include pictures of this event in the next Newsletter)

*Ruth Banger*



## IN THE CHURCH HALL

<b>THE MONDAY CLUB</b> Monday 2.30 - 4pm	Maureen Carter	369996
<b>THE GOOD SHEPHERD CUBS</b> Monday 6.30 - 8pm	Charles Brown	07720 441123
<b>LINE DANCING</b> Tuesday 10.15 - 11.45am	Mrs B Wright	426517
<b>KEEP FIT 50+ GROUP</b> Tuesday 2.30 - 4pm	Mrs V Ford	870711
<b>THE GOOD SHEPHERD RAINBOWS</b> Tuesday 6.15 – 7.15pm	Miss Rachel Marsh	574520
<b>CARERS &amp; SUFFERERS OF DEMENTIA</b> Wednesday 10 – 12 noon	Jo Hughes	0776 6058767
<b>THE 18<sup>th</sup> &amp; 25<sup>th</sup> GOOD SHEPHERD BROWNIES</b> Wednesday 6 - 7.15pm	Mrs Pat Marsh	574520
<b>THE CAMERA CLUB</b> Wednesday 7.30 – 9.30pm	C.N. Hall	350516
<b>GUILDHALL RETIRED MEMBERS CLUB</b> 2 <sup>nd</sup> Wednesday of the month 2 - 4pm	Yvonne Wisbey	523549
<b>ROYAL BRITISH LEGION</b> 3 <sup>rd</sup> Wednesday of the month 2.30 - 4.30pm March to November	Mary Glasscock	155 Minerva Way CB4 2TZ
<b>T G W U</b> 4 <sup>th</sup> Wednesday of the month 2 – 4pm	John Drake	244030
<b>CAMBRIDGE INSTRUMENTS PENSION FELLOWSHIP</b> 3 <sup>rd</sup> Thursday of the month 10am - noon	Mr Richard Luff	424027
<b>THE GOOD SHEPHERD BEAVERS</b> Thursday 6.15 - 7.15pm	Alan Leader	563233
<b>CHURCH TODDLERS' CLUB</b> Friday 9.15 – 11.30am	Linda Dean	328658
<b>TAI CHI</b> Friday 2 – 3pm	Mike Tabrett	503390
<b>THE SUNDAY LUNCH CLUB</b> 1 <sup>st</sup> Sunday of the month noon – 1.30pm	John & Elizabeth Lamont	565559

*TO BOOK THE CHURCH HALL*

Please ring 352151  
( evenings )